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Spring forward

Don't forget to set your clocks ahead one hour on Saturday night

Manitoba Finance Minister Jennifer Howard answers media questions about the provincial budget at the legislature on Thursday. JOHN WOODS/THE CANADIAN PRESS

Tax hikes take a hike in latest budget

2014-15 fiscal plan. Finance minister says province needs to be more efficient at providing services to Manitobans

The Manitoba government has tabled a cautious budget that contains no personal- or business-tax increases for the first time in three years.

Even smokers are getting a rare year off.

The budget caps spending growth, while making small investments in child care, rental assistance and small business.

The 2014-15 fiscal plan contains a few nuggets aimed at wooing the middle class, including a low-cost loan to help people buy winter tires and $5.5 million to boost child-care spaces.

Finance Minister Jennifer Howard said the government is trying to live within its means without cutting front-line services.

"We did really challenge ourselves to manage with the revenue that we have," she said. "We're not going to raise fees in a way that compromises affordability."

This year's budget does run a $357-million deficit and pushes net debt up by $1.3 billion, but Howard said the government is still "on track" to balance the books by 2016.

The NDP is promising to cap government spending growth at two per cent, while freezing or cutting the budgets of nine government departments.

"That isn't about providing people with less services. We aren't asking Manitobans to do with less," Howard said. "We want them to have excellent services, but we need to get more efficient at providing those services."

While the budget freezes personal tax exemptions at around $9,100, it increases the rental benefit for people on social assistance, which allows them to keep more of their money if they enter the workforce.

Premier Greg Selinger is also to tour First Nations communities to look for ways to improve graduation rates and job opportunities. The high school graduation rate across the province has improved to more than 85 per cent in recent years, but remains much lower on reserves.

THE CANADIAN PRESS

FOR REACTION TO THE BUDGET, SEE PAGE 3

ENTREPRENEUR? READY TO INVEST? WHY DOWNTOWN? SEE WHAT'S HAPPENING DOWNTOWN! PAGE 9

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Budget gets blood pumping

With frustration and affection. NDP prompt ire, declaration of love

The provincial budget tabled by the NDP was met with mixed reaction Thursday, as the government struggles to keep its spending under control.

Progressive Conservative Leader Brian Pallister said the NDP has a lot more belt-tightening to do.

"They've overspent every single year. It's a giant hole that the NDP has dug for our province and for our future," the Opposition leader said. "They've had a decade and a half. This is an old government. It's a tired government and it's one that has always failed to get its spending under control."

Colin Craig with the Canadian Taxpayers Federation said the government missed an opportunity to cut some "low-hanging fruit" such as civil-service pensions and a growing number of cabinet ministers.

"They need to start making those kinds of tough choices," he said.

But there was also praise for the government's targeted investments that some said will make a real difference in the lives of working parents and the poor. While the budget freezes personal tax exemptions at around $9,100, it increases the rental benefit for people on social assistance, which allows them to keep more of their money if they enter the workforce.

David Northcott, executive director of Winnipeg Harvest and vice-chair of the provincial association of food banks, said the move means many won't have to choose between paying their rent or buying food.

"Most moms are eating one meal a day, so that their kids can eat three meals a day and they can pay the rent," Northcott said. "It's an immediate impact.... I'm delighted. I think I'm in love with the minister. I think I have to buy her lunch."

Pat Wege, executive director of the Manitoba Child Care Association, said she was happy to hear Howard talk about creating "thousands" of new child-care spaces at a time when 10,000 families are waiting for care.

"That gets my heart racing because thousands of spaces will make a difference in a way that a couple of hundred probably won't," she said.

THE CANADIAN PRESS

Opposition leader Brian Pallister reacts to Thursday's provincial budget. JOHN WOODS/THE CANADIAN PRESS

Time for lobbyist registry at city hall: Coun.

A city councillor and possible mayoral candidate is calling for the creation of a lobbyist registry.

"With all of the events that have been happening over the last 18 months — the fire halls and secret negotiations and all that sort of stuff — I think that a lobbyist registry really can restore some trust in the decision-making process at city hall," said Coun. Scott Fielding.

Fielding was referring to comments by Coun. Justin Swandel, who said that he'd spoken with Shindico Realty over a deal to purchase the Taylor Avenue land on which a fire station was built.

Fielding pointed to other cities, such as Toronto and Ottawa, that have such measures in place.

"I don't think we need to recreate the wheel," he said. "And I'd also like to say that there's nothing illegitimate about lobbying on behalf of an issue or concern.... I just think it needs to be a little more open and transparent."

Seconded

Coun. Dan Vandal seconded Fielding's motion, which will be tabled at the March 28 council meeting.

Mayor Sam Katz said he'd need more information before adding his support.

"I'm not sure how he defines a lobbyist," said Katz. "I don't think we have a lot of lobbyists in the city of Winnipeg. You may have them in Washington or maybe in Ottawa. I don't know of any here but I'd love to know if there is, so let's define what it is." BERNICE PONTANILLA/METRO

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Never again

Chiefs reject federal plan on Native education

The Assembly of Manitoba Chiefs has voted to reject the federal government's reworked plan for native education that would leave aboriginal schooling under First Nations control.

The assembly says delegates to an AMC meeting have passed a resolution not to accept any aspect of the plan that was announced last month by Prime Minister Stephen Harper and Assembly of First Nations national Chief Shawn Atleo. The assembly says that Atleo met with the chiefs to explain his position on the agreement and was given a petition that calls for it to be brought to a halt.

AMC Grand Chief Derek Nepinak says in a release that in the aftermath of residential schools, First Nations must never be subjected again to non-aboriginals dictating how aboriginal children are educated. THE CANADIAN PRESS

Warning

Phone scammers claim to be police

Winnipeg police want you to call them if someone claiming to be them calls you. Police said Thursday they've received several reports of a scam over the last week that sees the scammers call claiming to be a police officer or government official. The scammer demands the potential victim pay money to prevent their arrest or the arrest of a family member. METRO

St. Vital

Pair charged after police raid

A man and woman are facing trafficking charges after police raided a St. Vital home Monday. Police found over eight pounds of pot worth more than $20,000, over $500 in cash, cell phones and drug related paraphernalia in a home in the 100 block of Oustic Avenue West. METRO

Firefighters to deliver water jugs to homes with frozen pipes

'An anomaly.'
Acting chief said affected residents should call 311

BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

Mayor Sam Katz, along with acting fire chief Bill Clark and Diane Sacher, director of water and waste, announced that firefighters will provide potable water for those homes with frozen pipes. BERNICE PONTANILLA/METRO WINNIPEG

Winnipeg firefighters have been recruited to come to the aid of residents without water due to frozen pipes.

Mayor Sam Katz, Bill Clark, acting chief of the Winnipeg Fire Paramedic Service, and Diane Sacher, director of the city's water and waste department, held a press conference on Thursday to announce that potable water will be delivered in reusable 20-litre jugs.

"This is an opportunity for the department to engage in a partnership with water and waste, to enhance the quality of life for the city and the citizens of this city," said Clark, adding these residents should call 311 and can head back to their nearest fire station for re-fills.

"When we're in a situation like this, it's an anomaly and it's a weather-related event."

Sacher said there are 722 properties on the list waiting for thawing and, as of Wednesday night, there were 89 hose lines in place.

She also said that the 311 process is being streamlined for new cases of residents calling to report frozen pipes: 311 staff will ask about their potable water needs, provide locations where they can shower for free, and advise them about the possibility of hose lines from an adjacent property.

Mayor Sam Katz said the city has reached out to the private sector, however, efforts from three firms to thaw pipes on the city's side proved unsuccessful.

"If there was anyone out there in the private sector who could help us thaw out our frozen lines on our side, I can assure you that all of us would be embracing them," added Katz.

"Just want to make sure there's no question about that."

Diane Sacher, director of the City of Winnipeg's water and waste department, said an analysis of where frozen pipes clusters are taking place has identified another 595 homes, which the city is in the process of contacting. Sacher said older neighbourhoods, with homes built in the 1930s, seem to be more affected.

Sacher added if pipes are frozen on the homeowners' side, they can hire a private contractor to thaw it, but as with tree roots in the summer, homeowners would foot that bill.

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Winnipeg speedskater Cindy Klassen talks to members from the Palestinian Dar Al Kalima women's soccer team ahead of the inauguration ceremony of their women's indoor gym, in the West Bank city of Bethlehem.
NASSER NASSER/THE ASSOCIATED PRESS

Giving women a chance to play

'Eye-opening' trip. Winnipeg speedskater Klassen in Middle East to help empower women through sports

Cindy Klassen met a young Palestinian woman this week whose knees were a wreck. She'd been playing soccer on concrete, because the actual pitches in the West Bank are reserved for men.

"Concrete is really hard on the body," Klassen said.

Canada's most decorated speedskater is in Israel, the West Bank and Jordan with Canadian Lutheran World Relief. The highlight was opening a women's sports centre in Bethlehem, a safe haven for young women who have been confined to kicking around balls in back alleys.

"Women in the West Bank don't get that many opportunities in sports; it's really looked down upon for women to be playing sports," Klassen said in a phone interview from Amman, Jordan. "But progress has been made and more and more women have become involved so now they do have some teams. But they really don't have any place to play."

The new Dar Al Kalima Sports Hall has room for soccer, basketball, volleyball, tennis and gymnastics.

The 34-year-old Klassen is a six-time Olympic medallist with one gold, two silver and three bronze. She's tied with fellow speedskater Clara Hughes as Canada's most decorated Olympians, although two of Klassen's medals were in cycling.

Klassen travelled from Bethlehem to Jordan to visit Syrian refugees on Wednesday, handing out sweaters, blankets, rugs and heaters to the families living in the Za'atari camp.

"It's been very eye-opening and very special just to be able to see this part of the world, see what people are going through," Klassen said. "It is really such a huge honour and a privilege and especially with how much I've been given in my world and through sports. I just hope these women will have opportunities in their lives because of their involvement in sports." THE CANADIAN PRESS

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Manitoba

If winter is hell, then hell has most certainly frozen over this year in Winnipeg. Here are five things we've absolutely had enough of from the never-ending onslaught of snow and cold we've all had to endure since summer ended, whenever that was.

SHANE GIBSON
shane.gibson@metronews.ca

5 reasons why this winter sucks

1 Snow banks

BERNICE PONTANILLA/METRO

Remember being able to see around corners before turning onto a street, or a time when a stroll to your front walkway didn't require a mountain hike first? Neither do we. Apparently, in the olden days before Winnipeg became the Pompeii of winter, there were no snow banks.

2 Water woes

COURTESY OF CHRISD.CA

Water-main breaks are literally freezing cars to the street, and hundreds of Winnipeggers have been reduced to taking showers every morning with a bottle of Evian and a sponge. Come on winter, that's going too far.

3 Snow clearing

As if walking to your car every morning in the type of temperatures needed to cryogenically freeze theme park creators wasn't bad enough, your arctic adventure is just getting started. The second your ride warms up enough for you to feel your fingers, you've got to head back out to clear the snow. Don't forget the roof, you don't want your car to look like it's wearing a snow hat.

BERNICE PONTANILLA/METRO

4 No cheap way out

GETTY IMAGES

Believe it or not, you are not the only frozen Einstein to think now would be a good time to take a plane to somewhere with a beach, sunshine and margaritas. Unfortunately the influx of winter refugees leaving Winnipeg means there aren't many cheap flight packages available. Oh well, there's a Miami in Manitoba too, after all.

5 Out of this world deep-freeze

GETTY IMAGES

Don't tell us it's a dry cold, it's a cold cold. We aren't wearing all of our clothes all at once because it's a little chilly, or because we want to show off an entire closet's worth of fashion all at once. We get bundled up because it's been colder than Mars in Winnipeg this winter.

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13 years later. Texas man can be tried as adult for childhood attack: Judge

A Texas man accused of dousing a boy with gasoline and setting him on fire when he was a teenager can be tried as an adult for murder after the victim died from his burns 13 years later, a judge ruled Thursday.

Authorities allege that Don Willburn Collins was 13 when he attacked Robert Middleton in 1998 on his eighth birthday near the younger boy's home northeast of Houston. Middleton was burned across 99 per cent of his body and endured years of physical therapy before he died in 2011 from skin cancer blamed on his burns.

Colleen Middleton, Robert's mother, said she was relieved the case would go to trial.

"When Robert died we were thinking maybe nothing will ever happen, maybe someone is just going to get away with what they did to him," she said.

Don Willburn Collins
THE ASSOCIATED PRESS

"It's been a long road."

Shortly before he died, Middleton gave a videotaped deposition in which he accused Collins for the first time of sexually assaulting him two weeks before the attack. The sexual assault allegation prompted investigators to reopen the case.
THE ASSOCIATED PRESS

Pretoria court. Pistorius prayed next to his shot girlfriend, says witness

As the girlfriend he shot in the head lay dead or dying in his home, a weeping, praying Oscar Pistorius knelt at her side and struggled in vain to help her breathe by holding two fingers in her clenched mouth, a witness testified Thursday at the double-amputee runner's murder trial.

"I shot her. I thought she was a burglar. I shot her," radiologist Johan Stipp, a neighbour, recalled Pistorius saying. The worried neighbour had entered Pistorius's home after hearing screams. By that time, the celebrated athlete had carried Reeva Steenkamp's bloodied body downstairs following the fatal nighttime shooting in his bathroom.
THE ASSOCIATED PRESS

Murder charge

Pistorius is charged with premeditated murder after shooting Steenkamp three times out of four shots through the toilet door, with prosecutors trying to build a case that the Olympian intentionally killed Steenkamp after a loud argument.

Ukrainian riot police officers block pro-Russian supporters of activist Pavel Gubarev during a rally in Donetsk, Ukraine, Thursday. Ukraine lurched toward breakup Thursday when lawmakers in Crimea unanimously declared they wanted to join Russia. SERGEI CHUZAVKOV/THE ASSOCIATED PRESS

Crimea sets vote to break from Ukraine

Russian power play. West answers Crimea's move with sanctions

Ukraine lurched toward breakup Thursday when lawmakers in Crimea unanimously declared they wanted to join Russia and would put the decision to voters in 10 days — and Russian lawmakers pushed a bill to facilitate a handover.

U.S. President Barack Obama condemned the moves and the West answered with the first real sanctions against Russia.

Speaking from the White House, Obama said any decisions on the future of Crimea, a pro-Russian area of Ukraine, must include the country's new government.

"The proposed referendum on the future of Crimea would violate the constitution and violate international law," Obama said. "We are well beyond the days when borders can be redrawn over the heads of democratic leaders."

Russian President Vladimir Putin's hand was almost certainly behind Thursday's dramatic developments, but it was not clear whether he is aiming for outright annexation, or simply strengthening his hand in talks with the West.

The White House moved to impose financial sanctions and travel restrictions on opponents of Ukraine's new government and the EU also announced limited punitive measures against Putin's government, including the suspension of trade and visa talks. Both Washington and the EU said they were discussing further sanctions.

Crimea's parliament rammed through what amounted to a declaration of independence from Ukraine, announcing it would let the Crimean people, 60 per cent of whom are ethnic Russian, decide whether they want to become part of their neighbour to the east. THE ASSOCIATED PRESS

Canada's stance

'Illegal' occupation

Crimea is under "illegal military occupation" and Canada will not recognize its forthcoming referendum on whether to join Russia, Prime Minister Stephen Harper said Thursday. Harper described Russia's invasion of Ukraine as an act of aggression and a clear violation of Ukraine's sovereignty and international law. THE CANADIAN PRESS

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Scientists search for bodies in a mass grave in Somaliland

In this photo taken last month, the chairman of the Somaliland War Crimes Commission, Kadar Ahmed, oversees members of the Peruvian Forensic Anthropology Team as they work to uncover bodies buried in a mass grave in Hargeisa, Somaliland, a breakaway region of Somalia. Tens of thousands of skeletons may lie in mass graves on the northern edge of Somalia. Many want to see justice prevail, even if delayed. JASON STRAZIUSO/THE ASSOCIATED PRESS

Senate debates military sex abuse

United States. Senate refuses to take power over rape and sexual assault prosecution away from top commanders

The United States Senate on Thursday blocked a bill that would have stripped senior military commanders of their authority to prosecute rapes and other serious offences, capping an emotional, nearly yearlong fight over how best to curb sexual assault in the ranks.

The vote was 55-45, short of the 60 necessary to move ahead on the legislation sponsored by Sen. Kirsten Gillibrand, a Democrat.

The Pentagon's leadership vigorously opposed the measure, arguing that officers should have more responsibility, not less, for the conduct of those they lead.

Proponents of the bill insisted that far-reaching changes are necessary to curb a scourge of rapes and sexual assaults. Gillibrand's effort bitterly divided the Senate in a battle that smashed conventional lines on gender and political party.

Conservative Sens. Ted Cruz and Rand Paul, both possible Republican presidential contenders, backed her effort, while the chairman of the Armed Services Committee, Democratic Sen. Carl Levin, opposed the measure.

The U.S. military has struggled increasingly in recent years with sexual assault. The Pentagon estimated that 26,000 members of the military may have been sexually assaulted in 2012, the most recent numbers available, though thousands were afraid to come forward.

The Pentagon came under pressure last month to disclose more about how sexual assault cases are adjudicated following a media investigation that found a pattern of inconsistent judgments and light penalties for sexual assaults at U.S. bases in Japan. THE ASSOCIATED PRESS

Brig. Gen. Jeffrey Sinclair

A U.S. army general accused of sexual assault was set to plead guilty to three lesser charges Thursday in a move that his lawyer says will strengthen his position going into trial.

- The primary accuser in the case is a female captain who claims Sinclair forced her to perform oral sex and threatened to kill her family if she told anyone.

Boston Marathon

Man accused of helping bombing suspect gets court-appointed lawyer

A U.S. judge says the government must begin paying for the legal defence of a 20-year-old man accused of lying for Boston Marathon bombing suspect Dzhokhar Tsarnaev. Robel Phillipos, of Cambridge, has pleaded not guilty. He said last month he could no longer pay his lawyers. The judge on Thursday appointed attorney Derege Demissie to continue representing Phillipos. THE ASSOCIATED PRESS

Boundary of N.S. & N.B.

Moose Sex Project gets a donation of more border land

The Nature Conservancy of Canada has received another 83 hectares of private land to help it promote cross-border moose love at the boundary of Nova Scotia and New Brunswick.

The group has been assembling parcels of land to form a corridor on the Chignecto Isthmus. The project is aimed at encouraging the migration of New Brunswick's healthy moose population to Nova Scotia, where the species is endangered. THE CANADIAN PRESS

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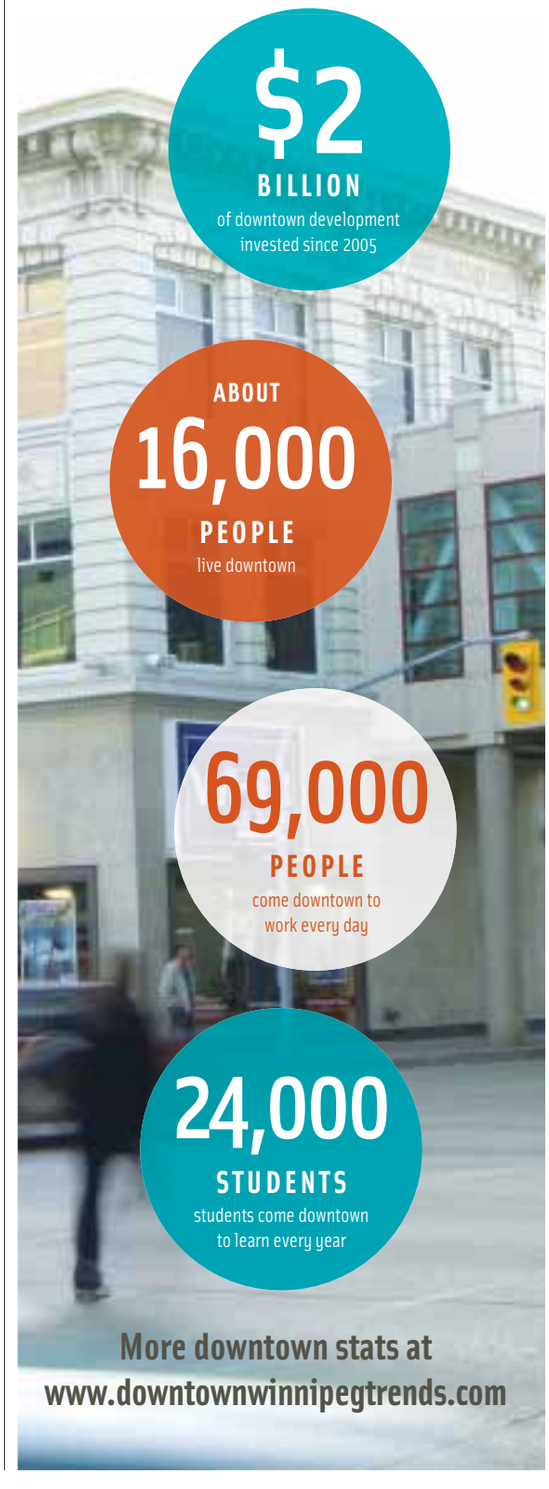

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Oil on Lac-Mégantic train was more volatile than documented

New report. Cargo was as flammable as gasoline, says Transportation Safety Board

In this July 6, 2013, file photo, emergency workers examine the aftermath of a train derailment and fire in Lac-Mégantic, Que. RYAN REMIORZ/THE ASSOCIATED PRESS

The Transportation Safety Board says formal lab tests confirm the train that crashed and exploded in Lac-Mégantic, Que., last summer was carrying oil that was more volatile than advertised.

The board says it was actually as flammable as gasoline.

The board took oil samples from nine tank cars that were intact after the crash and subjected them to a rigorous analysis.

The report says the oil from the cars was a Class 3, PG II product, although it had been documented as a less volatile Class 3, PG III.

The samples were consistent with a light, sweet crude oil, with volatility comparable to that of a condensate or gasoline product.

"The large quantities of spilled crude oil, the rapid rate of release and the oil's high volatility and low viscosity were likely the major contributors to the large post-derailment fireball and pool fire," the report said.

The July 6 crash and explosion killed 47 people and destroyed much of Lac-Mégantic's downtown area after a runaway train belonging to the Montreal, Maine & Atlantic Railway rolled into town and derailed.

The board says the lower flashpoint of the oil on the train explains in part why it ignited so quickly once the tank cars were breached.

The downtown was engulfed in a fireball as thousands of litres of oil exploded.

The board's investigation continues.

THE CANADIAN PRESS

Quoted

The samples showed "volatility comparable to that of a condensate or gasoline product."

Transportation Safety Board report

PM's ex-advisor under illegal lobbying probe

The RCMP is probing serious new allegations of illegal lobbying by a former senior advisor to Prime Minister Stephen Harper in connection with his work for a powerful business-funded energy advocacy group in Calgary.

The RCMP says after Bruce Carson left the PMO he steadily worked federal Conservative contacts at the topmost levels to influence the development of a new national energy strategy and got handsomely paid for it, contrary to the criminal code and lobbying laws that ban lobbying within five years of holding a public office.

The revelations raise fresh and troubling questions about the access that Carson, a once disbarred lawyer, had to top officials in the Conservative government without anyone suggesting it might breach the Conservatives' own rules.

"None of them blew the whistle," said NDP ethics critic Charlie Angus. But Harper's parliamentary secretary shrugged off Opposition questions in the Commons Wednesday; first saying Carson is "a private citizen," then claiming the government did refer his activities to federal authorities.

"If this gentleman is found to have broken any laws, he should suffer under the full consequences of the law," said MP Paul Calandra.

In fact, documents show the federal lobbying commissioner initiated in November 2011 her own probe of Carson's questionable lobbying activities for the Canada School of Energy and Environment as well as a business-funded group calling itself the Energy Policy Institute of Canada or EPIC. Karen Shepherd finally referred the allegations to the RCMP in July 2012.

The story is laid out in affidavits to obtain court permission to seize Carson's bank records, however no charges have been laid and the RCMP's claims have not been tested in court.

The allegations are entirely separate from another influence peddling case against Carson. Carson was charged in 2012 with fraud in connection to allegations he also tried to use his political connections to win federal contracts for water filtration services on native reserves. That fraud trial was delayed in July due to defence claims Carson is in poor health.

Carson's lawyer Pat McCann could not be reached for comment.

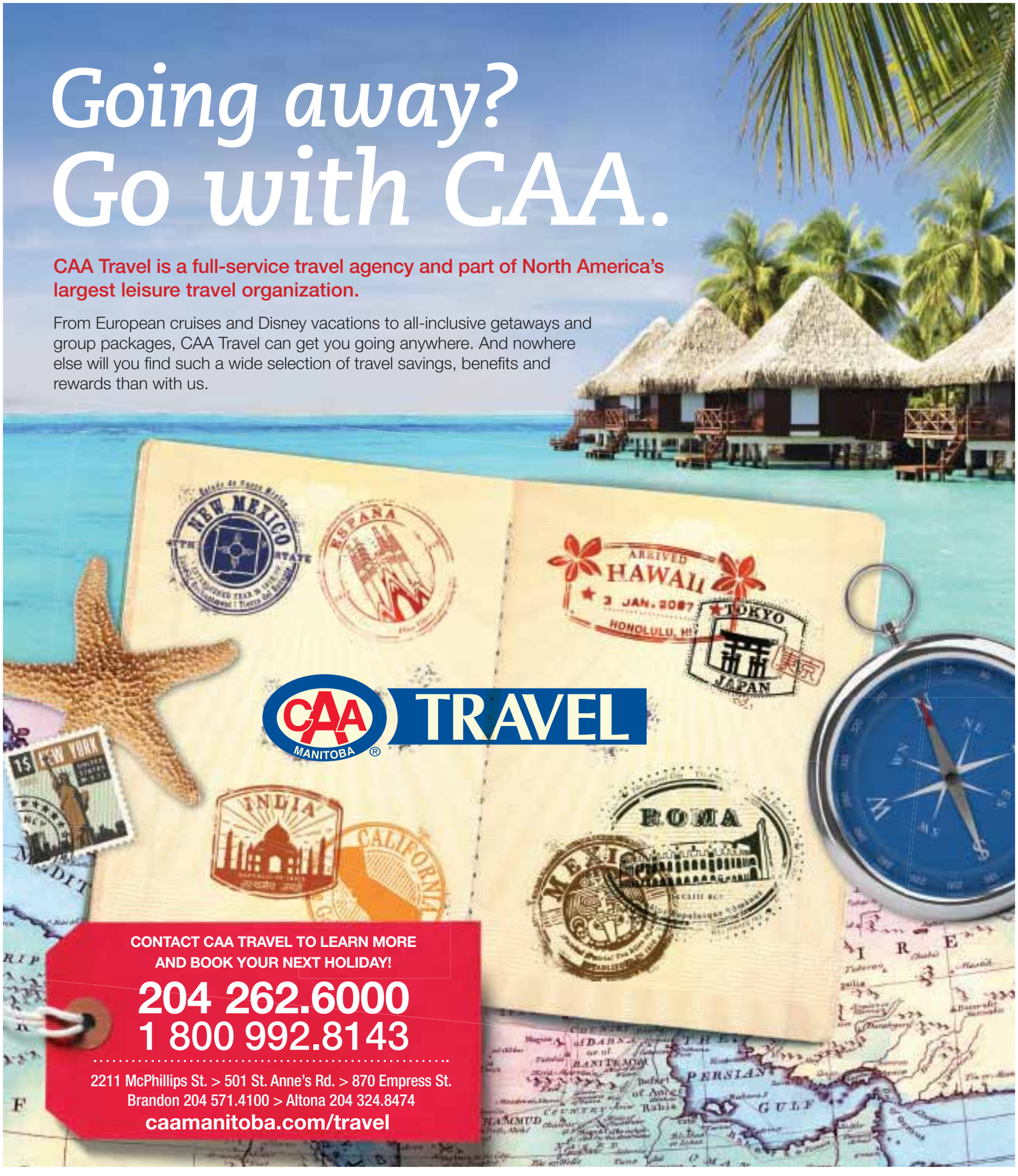
The RCMP says a "prime example" of how Carson used his influence as Harper's former legislative assistant was his successful request to the deputy minister's office at Natural Resources Canada to contribute $13,000 to fund research the industry group was conducting.

TORSTAR NEWS SERVICE

Connections

It's a sign of how well-connected Carson was that emails eyed by the RCMP tie him to a whole raft of senior Conservative and Liberal contacts, including:

- Harper's top public servant Privy Council clerk Wayne Wouters and former chief of staff Nigel Wright.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From 'high risk' to hopeful

International Women's Day. Lawrence Hill, author of The Book of Negroes, writes about his experience volunteering with girls at high risk for sexual assault and HIV exposure

LAWRENCE HILL
For Metro Canada

As International Women's Day approaches, I wonder how many Hillside High Schools exist in the world. But I would bet good money that there is no Hillside High School like the one I saw in Manzini, Swaziland.

In early February I had travelled to Swaziland as a volunteer to support the work of Crossroads International and its local development partner, the Swaziland Action Group Against Abuse (SWAGAA).

The girls greeted me by singing at the top of their lungs. There were nearly 100 girls crammed into a room with no open windows. Finally, a teacher held up her hand, brought the singing to a halt and asked what was on the girls' minds lately.

The answers came ringing out lucidly and unadorned: Was it appropriate for a high school girl to take up with a sugar daddy? What if they were exposed to HIV and died like their parents? What about teenage pregnancy?

Swaziland has the highest rate of HIV in the world, and young women are the hardest hit of all.

According to a study in 2008, 37 per cent of girls between 15 and 19 have HIV. In Swaziland, one girl in three will be sexually abused before age 18. The wave of sexual violence is so unrelenting that SWAGAA has created a network of "girls' empowerment clubs" to teach girls about their legal rights, issues of sexual reproductive health, and the need to oppose and report abuse.

Author Lawrence Hill with a girls' empowerment club in Swaziland. COURTESY CROSSROADS INTERNATIONAL

The day after I visited Hillside High School, I gave a creative writing workshop. Almost every girl in the group of 20 spoke or wrote about sexual assault. One girl began a writing exercise with these words: "Darkness has been my only mentor."

Crossroads International, a small Canadian NGO I have been supporting as a volunteer for 35 years, directs its development activities to girls and women in various African countries and in Bolivia.

In the case of Swaziland, the girls' empowerment clubs "are saving lives," says SWAGAA executive director Cebile Manzini-Henwood.

"There is urgency in the need to address sexual violence against young girls in my country, to teach them about practices that constitute gender-based violence and provide a safe space for them to report the violations and receive care, love and support."

On the eve of International Women's Day, let's remember girls and women around the world when we are donating from our own pockets and channeling Canadian-led development efforts.

CANADIAN WRITER LAWRENCE HILL FIRST TRAVELLED AS A CROSSROADS INTERNATIONAL VOLUNTEER TO NIGER IN 1979. HE IS AN HONORARY PATRON OF CROSSROADS INTERNATIONAL. HE VISITED SWAZILAND IN FEBRUARY, AFTER SPENDING TWO WEEKS IN SOUTH AFRICA FOR THE FILMING OF THE TV MINISERIES ADAPTATION OF HIS NOVEL THE BOOK OF NEGROES.

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We Day is heading across the pond to its inaugural U.K. event — the first outside of North America — this Friday at Wembley Arena in London. It's expected 12,000 students (including 130 from Canada) and teachers from more than 380 schools will be in attendance ... along with Prince Harry and a number of other celebs.

The Canadian invasion

We Day lands in the U.K. Inaugural event hopes to leave British youth with an infectious message of doing good

VAWN HIMMELSBACH
For Metro Canada

Each year, EF's Global Citizen Scholarship is awarded to 10 students across Canada who demonstrate a passion for global citizenship. And this year, the winners are heading to London and Berlin to participate in We Day U.K. and EF's Science & Innovation Summit in Berlin.

"What's unique about this event is that we have over 130 students from Canada joining with EF Tours to experience our first international We Day event and share their excitement with students in the U.K. who get to see it for the first time," said Craig Kielburger, international activist and co-founder of Free The Children.

Prerana Gambhir, a Grade 12 student with Fraser Heights Secondary in Surrey, B.C., is one of those 10 scholarship students. Gambhir, 17, is head of her school's global issues club and head delegate for the model UN.

Romeo Tello, a councillor with the City Youth Council of Toronto, is hyped to exchange ideas with other youth at We Day U.K. PHOTOS CONTRIBUTED

This year, the club is focused on women's empowerment; they're fundraising to support two girls' education in Tanzania and using any excess funds they raise to support micro-financing projects for women in developing countries.

As an immigrant to Canada, Gambhir says she realizes the importance of a free education. "I wanted to contribute and do my bit," she said.

In addition to fundraising through Free The Children's We Are Silent and We Scare Hunger campaigns, the global issues club has also created its own campaign called Five Days of Fire — a five-day competition that includes food and games.

Quoted

"What you want to do is help (recipients) create a self-sufficient lifestyle."

Prerana Gambhir, a grade 12 student who is passionate about sustainability issues

Prerana Gambhir is the head of her school's global issues club.

Gambhir feels strongly about the topic of sustainability. A lot of people feel they're doing their part just by raising money, she said, "but what you want to do is help (recipients) create a self-sufficient lifestyle."

With We Day U.K., it means getting that message across to an even larger audience.

Gambhir is excited to see education activist Malala Yousafzai at the event. "I've heard her speeches in the UN and her stories are truly moving," she said. She's also excited to see Evanna Lynch, who plays Luna Lovegood in the Harry Potter movies. "I'm a huge Harry Potter fan," she added.

Romeo Tello, a Grade 11 student with Monarch Park Collegiate in Toronto, is also on his way to London on scholarship. Tello, 16, is a councillor with the City Youth Council of Toronto, working with local reps on community issues and campaigns. His efforts have led, for example, to the extension of library hours in his community.

He also works with the school's Free the Children club, Minga. Last year, the club sent a group of students to India to help build a school; students are currently raising funds to build a school in Ecuador.

"I'm one of those more fortunate youth who got to see We Day grow into what it is now," said Tello. "I've been to one of the first We Days in Toronto and now I get to go to the first international one."

Like Gambhir, he's excited to see Yousafzai at We Day U.K.. But he's also hoping the trip will spark ideas through collaboration with like-minded youth — sort of like an informal forum of ideas.

"In my school we're all from the same neighbourhood — the discussion is pretty similar," said Tello. "These are nine other people from different areas of the country and our views will be different, our strategies will be different ... and hopefully some tangible strategies will come out of that."

We Day U.K. 101

- Co-chaired by Holly Branson and Lord Rumi Verjee, We Day U.K. features actress Jennifer Hudson, songstress Ellie Goulding artist Dizzee Rascal, and Malala Yousafzai, the international education activist and co-founder of the Malala Fund.
- Free The Children is one of the world's largest youth-driven charities. So far, it's helped to build more than 650 schools, providing education to 55,000 children, in eight developing countries.
- We Day is free to attend; schools earn their tickets by taking action in local and global communities.
- "We have students coming from all over England, Wales, Scotland, the Isle of Man, Northern Ireland and even the Republic of Ireland," said Craig Kielburger. "The young people in the U.K. are already incredibly creative and engaged in service actions and we can't wait to see the impact the first We Day event will have on them."

Malala Yousafzai
GETTY IMAGES

So did the chicken or egg get there first?

Hannah Owen says her experience with Free the Children spurred her on to start her own fundraising efforts. PHOTOS CONTRIBUTED

In 2010, Hannah Owen went to Rwanda with her dad, actor Clive Owen. She was 13 years old. They were there as guests of Aegis Trust, a British NGO that campaigns to prevent genocide.

It was a life-changing experience. "I had been opened up to the world of Africa ... but I never really had the experience of youth empowerment," she said. It was a trip to Kenya a year later with Me to We — to visit a Free The Children development — that helped her see how youth could make a difference.

"It had the most incredible impact on me," said Owen. "It completely changed my perspective on what is possible."

When she returned home, she started her own fundraising efforts. A conversation with friends turned into a chicken-and-egg race with her sister through the streets of London (each dressed in a costume) to see who would come first: the chicken or the egg. "It was completely bonkers," she said, adding that they managed to raise $5,900 that went toward education in Kenya. Over the past three years, Owen estimates she's helped to raise about $18,500 for various causes.

Hannah and her sister competed in a chicken and egg race through London to see who would finish first.

She's particularly excited to hear Malala Yousafzai speak at We Day U.K. Of course, she'll also be there to see her dad take the stage.

"He has pushed me and opened the doors to that world," she says of her dad.

As for We Day U.K., Owen believes it's going to have a big impact on British youth.

"It will be a spark for an amazing cloud of positivity around the U.K."

VAWN HIMMELSBACH/FOR METRO

Online

Visit metronews.ca Friday afternoon for more coverage from the very first We Day in the U.K.

- Red carpet arrivals
- Photo galleries from the event
- An extended audio interview with Hannah Owen

What were Coke execs on when they came up with this ad?

A Diet Coke ad is seen at 84th Street and First Avenue in New York City. While Coca Cola insists its new campaign is about life's big and small "You're on" moments, many are finding it hard to ignore the phrase's more colloquial meaning — namely, you're on drugs.

DAVID ROTH/FOR TORSTAR NEWS SERVICE

Market Minute

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Natural gas: $4.64 US (+$0.07)
Dow Jones: 16,421.89 (+61.71)

TSX 14,271.92 (-32.25)

OIL $101.56 US (+$0.11)

GOLD $1,351.80 US (+$11.50)

Student debt

Flinging up his $5,400 grad cap

A University of Michigan-Flint senior has taken a chunk out of his tuition debt by selling ad space on his graduation cap. Alex Benda raised $5,400 US as of Thursday. THE ASSOCIATED PRESS

Could Mattel deal earn Girl Scouts a Bad Idea patch?

Activist. The Barbie participation patch would transform little girls into 'walking ads'

America's top doll, Barbie, finds herself in controversy once again, this time over a business partnership between her manufacturer, Mattel, and the Girl Scouts.

On Thursday, two consumer advocacy groups often critical of corporate advertising tactics — the Campaign for a Commercial Free Childhood and the Center for a New American Dream — criticized Barbie as a flawed role model for little girls and launched a petition drive urging the Girl Scouts of the USA to end the partnership. The Girls Scouts said they would not do so.

Can I get a patch for 'idealizing an impossible body type'?

MARK LENNIHAN/THE ASSOCIATED PRESS

The Girl Scouts' partnership with Mattel, announced last August, includes a Barbie-themed activity book, a website, and a Barbie participation patch — the first Girl Scout uniform patch with corporate sponsorship.

"Holding Barbie, the quintessential fashion doll, up as a role model for Girl Scouts simultaneously sexualizes young girls, idealizes an impossible body type, and undermines the Girl Scouts' vital mission to build girls of courage, confidence and character," said Susan Linn, director of the Boston-based commercial-free childhood organization.

She said the Barbie patch — targeted at 5-to-8-year-old Daisies and Brownies — would transform these girls into "walking advertisements." THE ASSOCIATED PRESS

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Enbridge's Line 9 pipeline reversal OK'd

The National Energy Board issued a green light Thursday to energy giant Enbridge's plan to reverse the flow and increase the capacity of a pipeline that has been running between southern Ontario and Montreal for years.

The 141-page decision on the controversial Line 9 comes some four months after the federal regulator held public hearings on the Calgary-based company's proposal.

"The board's decision enables Enbridge to react to market forces and provide benefits to Canadians, while at the same time implementing the project in a safe and environmentally sensitive manner," the NEB said in a statement.

"Enbridge will be permitted to operate all of Line 9 in an eastward direction in order to transport crude oil from Western Canada and the U.S. Bakken region to refineries in Ontario and Quebec."

The approval is subject to a number of conditions, which include Enbridge being required to undertake activities involving pipeline integrity, emergency response and continued consultation with stakeholders and the public. THE CANADIAN PRESS

In case of a spill

The board was not unanimous in the conditions it set out for Enbridge related to financial ability to deal with a spill, with one member saying he would have liked Enbridge to be required to demonstrate that it has "legally enforceable access to financial resources which are and will continue to be adequate to fund any reasonably foreseeable NEB-regulated obligations which arise as a result of a spill."

Oscar Mayer cooks up marketing gimmick with bacon-scented app

Want to wake up to the sound of bacon sizzling on the stove with its aroma drawing you out of bed?

There's an app for that.

Oscar Mayer says it has created a bacon-scented app for the iPhone, developed by the Madison, Wis.-based company's Institute for the Advancement of Bacon.

The company says that to emit a small puff reminiscent of bacon, the user needs an external device that plugs into the headphone jack. The app itself produces the sound of bacon sizzling in a pan.

Oscar Mayer says the aroma-producing device won't be sold in stores and that quantities are limited. The company is giving away 4,700 devices beginning Thursday. THE ASSOCIATED PRESS

THAT TIME WE BROKE TWITTER

THE METRO LIST

Mike Benhaim
metronews.ca

1 Celebrity selfie. It was bound to happen, and the world can thank Ellen DeGeneres for being the first to discover that if you take a picture with the world's biggest stars on live TV, and then challenge those viewers to break a retweet record, and it's free ... somebody's setting a new retweet record. #OscarSelfie

2 Mayor of late night. Jimmy Kimmel's most talked-about guest was Toronto's Rob Ford. Kimmel poked some fun and showed a video montage of the mayor's various missteps, read him a letter from an angry Torontonian, and grilled him until the mayor was literally sweating. Among Ford's top comments were "the apologies are over, I'm moving on," "I wasn't elected to be perfect," and the golden quote, "Actions speak louder than words." Oh, I'm done.

3 Pardon my French. Quebec Premier Pauline Marois, hoping to capitalize on recent polls putting her ahead of the Liberals, has called an election. Her goal is to achieve a majority government that will allow her to adopt her controversial Charter of Quebec Values. *No hashtags were suitable for print.*

4 Academy hustle. Fans of American Hustle were disappointed as the film's 10 nominations yielded zero wins. It never had a chance as host Ellen DeGeneres pointed out with my favourite line of the night: "Possibility number one, 12 Years A Slave wins best picture. Possibility number two, you're all racist."

5 Frosty tweets. Checking my Twitter account (@TheMetroList) while crossing the street, I stepped into a pothole that filled my boot with freezing water as a truck passed by splashing slush over the entire right side of my body, and the hashtag staring back at me was #SpringForward. Terrific. One less hour of bed rest.

6 The Voice. In this week's blind auditions, one mentor reigned supreme, collecting artist after great artist with nothing but his three previous wins and the promise of a good time. Of all the musical talent on the panel, that man was the quick-witted and charismatic Blake Shelton. #TeamBlake

7 Dancing With the Stars. ABC revealed their lineup for the upcoming season. Contestants include: Danica McKellar of The Wonder Years, Candace Cameron Bure of Full House, Drew Carey, and Diana Nyad who swam from Cuba to Key West last year. Hashtag is #DWTS because it's shorter than #DancingWithPeopleYouNeverHeardof,orForgot.

8 Puck daddy. The Vancouver Canucks traded goaltender Roberto Luongo to the Florida Panthers, tweeted his picture with the quote, "This caught me off guard, but I'm excited. I'm going home." then deleted it! No one knows why, but it spawned a barrage of creative tweets including one with Luongo's face on a 'Get out of jail free' card, referring to Vancouver's escape from the 35-year-old's 12-year contract that still has eight years to go.

ZOOM

How does this sound to you?

COURTESY LICKSTER

3D-printed cone is music to the ears

The greatest taste experiences can feel like sweet music, and one of mankind's favourite treats can now provide a soundtrack. Ice cream that can be played as an instrument, with tongue-activated sensors in a 3D-printed cone sending signals to a computer that plays "sounds reminiscent of winter icicles and slippery surfaces."

METRO

Q & A

Heightened senses

Metro spoke to designer Emilie Baltz

What considerations are there when matching a foodstuff to a music experience?
Our goal with performance food experiences is to study the relationship between the senses. It is challenging to say there is a 'should' involved in pairing sound with food. Anything can be paired with anything; the interesting piece is the resulting emotion that is created from the mixture. Food is such a subjective, complex experience that each person reacts differently.

What other foods do you think would work well with musical accompaniment?
We tried marzipan, dough, cocktails, sodas and even the rogue jar of peanut butter, which did not work. Seeing as music is a rhythmic experience, the foodstuffs that beg for repetitive actions — like licking — for their ingestion are perfectly suited.

Clickbait

IRENE KUAN
Metro Online

ISTOCKIMAGES

Everybody likes a deal, and if clipping coupons is not your thing, here are some websites and apps that help you find promo codes for everything from your groceries to Internet purchases.

Checkout51:

Get grocery coupons with this app. New offers are loaded every Thursday, offering savings for brand name items you purchase from grocery and drug stores. Once your account reaches $20, they will mail you a cheque.

Promofly:

Use this free online tool to find promo codes for thousands of websites. You will need to sign up and save the Promofly bookmark. Whenever you online shop, you can use the generator to find you coupon codes.

Comments

RE: Napping On Vancouver Transit? Smile For The Camera! Published March 3

This should not be allowed.. I for one would not want someone snapping a photo of me and posting it on the internet for everyone to see. These people deserve privacy, instead of being ridiculed.
Tuccy posted to metronews.ca

I don't think it's a big deal. The pictures aren't inappropriate, it's just a snapshot of what everyone else on the train is seeing. If you're falling asleep on public transportation and you think you deserve privacy, erm....stay awake? Go to sleep at home?? ? There's hardly a breach of privacy here.
RainyDays posted to metronews.ca

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SCENE

Synopsis

Based on characters from The Rocky and Bullwinkle Show, the movie stars the voice of Modern Family's Ty Burrell as Mr. Peabody, a beagle who is also the world's smartest being. Imagine Family Guy's Brian with less attitude but more PhDs. When his adopted son Sherman (Max Charles) bites schoolmate Penny (Ariel Winter) Peabody tries to smooth things by throwing a dinner for Penny's parents (Stephen Colbert and Leslie Mann). His party plan is almost derailed when Sherman and Penny hijack the WABAC device, a time machine that takes them to ancient Egypt and the Trojan War. Can Mr. Peabody rescue them before Penny's parents notice she's gone and the space-time continuum is irreparably destroyed? Steve Gow sits in for Mark Breslin this week.

- Richard: ●●●●○
- Mark: ●●●○○

Mr. Peabody & Sherman opens this weekend. CONTRIBUTED

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Every dog has its day

Mr. Peabody & Sherman. Family flick still cuts clever for the adults in the theatre

Richard: Steve, Mr. Peabody & Sherman lacks the political bent of the original Jay Ward cartoon series, but it is loaded with references from literature, history and popular culture. It's the only kid's movie with an Oedipal joke and I can't imagine a Minion punning, "Marie Antoinette could have kept her head if she had issued an edict to distribute bread to the poor. But you can't have your cake and edict too." Which means it is stuffed with the spirit of Ward, which is a good thing, even if it does veer off path with a sentimental father and son subplot. What did you think?

Steve: I agree 100 per cent, Richard. In fact, by dipping its proverbial toe into that father-son subplot, the film dares to touch on what other family films like Finding Nemo or The Incredibles have done better. Still, the movie's meteoric pace never lingers too long on any facet of the film and its niche truly is the ceaseless nods to historical events. My favourite had to be a clever throwback to Spartacus.

RC: I know the history element sounds dangerously educational for a mainstream kid's flick, but the movie's trips back to ancient Egypt, the Trojan War and Leonardo Da Vinci's studio where they discover the secret of Mona Lisa's smile are really fun. They are made doubly so by great voice work. As the dim witted general Agamemnon, Patrick Warburton really stands out. He started the confident dumb guy routine on Seinfeld (as Elaine's on-and-off boyfriend Puddy) and uses it to hilarious effect here.

SG: And for those who remember the old Bullwinkle series, Ty Burrell does a pretty decent job voicing the movie's canine savant. Even more successful are the comedy's captivating visuals, especially the way director Rob Minkoff works the 3D to capture the measure of epic Trojan battles or travelling through the time-space continuum and not simply for eye-catching sight gags.

RC: The animation is top notch and like the best of Ward's work, Mr. Peabody & Sherman realizes that the material has to work on multi levels, the surface and the satirical. Like The Lego Movie, I think this movie will appeal to kids and adults.

SG: Again, I agree. The movie is a peppy, playful ride through history for all ages. In fact, it probably won't hurt either that most everyone in the audience will barely remember the old Bullwinkle cartoon.

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Director makes nod to classic car flicks

Need For Speed. In the age of CGI, stuntman-turned-filmmaker Scott Waugh celebrates the visceral ride

COLIN MCNEIL
colin.mcneil@metronews.ca

Scott Waugh directs Need For Speed, which opens next Friday. CONTRIBUTED

They just don't crash 'em like they used to.

The era of computer-generated characters, green screen fakery and motion capture magic is upon us. Film has gone digital, right down to the cameras. You might say the days of the practical stuntman — who crashed real cars and put his life on the line for a great shot — is dead and gone.

Need for Speed director Scott Waugh would beg to differ. In his movie, "all of it's real."

"The only CGI I'm doing," he says, "is painting out the cameras that I have everywhere."

Waugh, a second generation stuntman turned director, shot Need for Speed on location in Detroit with the most practical special effects possible. The classic car films of the 1960s and '70s were his inspiration.

"We still quote them," he says. "We quote Bullit, we quote French Connection, we quote Grand Prix, Smokey and the Bandit.

"And that's what we're trying to bring back on this movie.

"All the car driving's for real, we're going the speeds we say we're going and it's really a visceral ride."

Stuntman stuff

"I think a great stuntman has a great respect for fear. Because when you have that respect, you do everything you can to minimize and negate the problems that can come so you are safe. So if you don't have the fear, I think most people actually just get hurt, just not realizing the consequences are high," says Waugh.

But this isn't the '70s, and modern movies often demand more and more action sequences that seem impossible to do in real life. Not a problem for Waugh.

"It's just a matter of engineering it right," he says.

For just one of the film's jaw-dropping car jumps, Waugh and his team spent six months planning and getting the physics just right. For the human beings behind the wheel, it's time well spent.

"When you start travelling at the speeds we're travelling during this film, the consequences are exponential," he says.

But it's not all about the crash bang boom. Waugh knows the importance of the leading man in a good car flick, and likens Need for Speed's star Aaron Paul to the King of Cool himself.

"He's one of the first people I've worked with in his age bracket that actually harnesses the Steve McQueen vibe," says Waugh of Paul.

"Steve had an incredible thing about him. He was dangerous as a person, he was charming, and he was loveable, and he was talented physically. That's a hard four to find in our current actors that are in the 20s age bracket, and he's [Aaron Paul] the only one to me that harnesses those qualities.

If you ask Waugh, the loveable Breaking Bad alumnus has the danger factor and the McQueen charm, but what about the physical part?

"I told him," laughs Waugh, "if he doesn't make it as an actor, he's got a great stunt career ahead of him."

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Ratings and synopses courtesy of Rotten Tomatoes. For more movie reviews, trailers and news go to RottenTomatoes.com.

Ratings: *Certified Fresh:* *Fresh:* *Rotten:* *Audience response:* *Audience anticipation for the film:* +

Action

300: Rise of an Empire

Director. Noam Murro

Stars. Sullivan Stapleton, Eva Green

Based on Frank Miller's latest graphic novel, Xerxes, and told in the breathtaking visual style of the blockbuster 300, this new chapter of the epic saga takes the action to a fresh battlefield on the sea as Greek general Themistocles (Sullivan Stapleton) attempts to unite all of Greece by leading the charge that will change the course of the war.

Rotten Tomatoes™ score
Critics: 64% **Audience:** + 98%

Thriller

3 Days to Kill

Director. McG

Stars. Kevin Costner, Amber Heard

In this heart pounding action-thriller, Kevin Costner is a dangerous international spy, who is determined to give up his high stakes life to finally build a closer relationship with his estranged wife and daughter, whom he's previously kept at arm's length to keep out of danger. But first, he must complete one last mission.

Rotten Tomatoes™ score
Critics: 31% **Audience:** 53%

Comedy

No Clue

Director. Carl Bessai

Stars. Amy Smart, David Koechner, Brent Butt

When a low-level ad man is mistaken for a private eye by a gorgeous blonde, he pretends to be the PI she wants and offers to find her missing brother. But when the job turns violent, he realizes he's in way over his head.

Rotten Tomatoes™ score
Critics: No reviews yet **Audience:** + 100%

Villeneuve's dark twisted fantasy

Enemy. Actor Jake Gyllenhaal talks about breathing life into Quebec filmmaker's cinematic vision

LIZ BROWN
liz.brown@metronews.ca

Denis Villeneuve, left, and Jake Gyllenhaal chat on the set of Enemy, which opens on Friday. CONTRIBUTED

In many ways, 2013 was a dark year for Canadian filmmaker Denis Villeneuve and his right-hand actor, Jake Gyllenhaal. At the Toronto International Film Festival, the pair premiered two disparate — but both unsettling — films.

The one that garnered the most attention was the Hugh Jackman-fronted Prisoners, where Gyllenhaal plays the morally upright gumshoe Detective Loki. And while this role pulled plenty of praise for Gyllenhaal, his more difficult turn as an actor came in Villeneuve's second offering at TIFF — the mind-bending Enemy.

The film, based on a book called The Double by Portuguese writer José Saramago, delves into deep thoughts on doppelgangers. It's a heavy psycho-erotic thriller whose ending refuses to be constrained with a neat bow. Gyllenhaal plays a melancholic Toronto-dwelling history prof who learns there's a D-list actor out in Mississauga who looks *exactly* like him. The actor is challenged to play two characters against himself when the doubles eventually meet.

"Denis was inspired by the book and was trying to find a really grand metropolis that matched his idea. He felt like Toronto has been shot as other places so often but not very often as itself," says Gyllenhaal, explaining the director's decision to set the story in Canada's largest city — a creative leap from the book.

The air is unsettling as the story unfurls in a grey and desolate Toronto. And as the doppelgangers continue to meet things just get more murky. "It's about the unconscious," Gyllenhaal says of the film. "There's a dream-like nature to it. Dreams are had in the dark and they have this darkness that's really beautiful," he adds.

Enemy is the kind of movie that taunts us to construct meaning from a fever-dream and will leave viewers debating its meaning long after the finale. "I feel like we're all searching for a concrete answer to films. We want a structure that is clear and a lot of times we want a resolution that will somehow bring us comfort in a discomforting world," says Gyllenhaal.

But even after this philosophical moment, Gyllenhaal himself can't escape that human desire to put things in order, offering his own interpretation on the tale: "I think it's about a man struggling with committing to a relationship and a marriage. It's the psychological journey, when you're trying to decide the parts of yourself to commit to and the parts of yourself to kill off," he says.

Canadian Screen Awards

Enemy is nominated for a number of Canadian Screen Awards, including best motion picture, achievement in direction (Denis Villeneuve), performance by an actor in a leading role (Jake Gyllenhaal) and performance by an actress in a supporting role (Sarah Gadon).

Canadian Screen Awards

Orphan Black, Degrassi take home hardware

The sci-fi serial Orphan Black heads into this weekend's Canadian Screen Awards with a leading eight trophies already under its belt. The Space smash became the TV leader at an early industry gala that bestowed acting awards to supporting actor Jordan Gavaris (who plays Felix), supporting actress Maria Doyle Kennedy (Mrs. S) and guest performer Natalie Lisinska (Aynsley).

Degrassi collected four awards in the children's or youth categories, including best series, best direction, best writing and best performance for young actor Dylan Everett (Campbell Saunders).

Winners in the marquee film and TV categories will be announced at a star-studded bash in Toronto on Sunday. Martin Short hosts that bash in Toronto. It will be broadcast on CBC-TV.

THE CANADIAN PRESS

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THESE PAGES COVER MOVIE START TIMES FROM FRI., MAR. 7 TO THURS., MAR. 13. TIMES ARE SUBJECT TO CHANGE.

Cinema City McGillivray 2190 McGillivray Blvd.

3 Days to Kill (14A) Fri-Sun 9:20 Mon 8:50 Tue 9:20 Wed-Thu 8:50
300: Rise of an Empire 3D (18A) No Passes Fri 5:45-8:15-10:45 No Passes Sat 12:45-3:15-5:45-8:15-10:45 No Passes Sun 2:30-5-7:30-10:05 No Passes Mon 5:15-8:10 No Passes Tue 5-7:30-10:05 No Passes Wed-Thu 5:15-8:10 No Passes Fri 5:10-7:40-10:30 No Passes Sat 4-7:15-10:20 No Passes Sun 4:30-7-9:30 No Passes Mon 6:30 No Passes Tue 7-9:30 No Passes Wed-Thu 6:30
American Hustle (14A) Fri-Sat 4:35-7:30-10:25 Sun 1-4-6:50-9:50 Mon 5-8 Tue 4-6:50-9:50 Wed-Thu 5-8
The LEGO Movie (G) Sat-Sun 12:40
The LEGO Movie 3D (G) Fri 5:30-7:55-10:20 Sat-Sun 3:05-5:30-7:55-10:20 Mon 5:20-7:50 Tue 5:30-7:55-10:20 Wed-Thu 5:20-7:50
Mr. Peabody & Sherman (G) No Passes Fri 4-6:55 No Passes Sat-Sun 1:30-4-6:55 No Passes Mon 6 No Passes Tue 4:20-6:55 No Passes Wed-Thu 6
Mr. Peabody & Sherman 3D (G) No Passes Fri 5:20-7:45-10:10 No Passes Sat-Sun 12:30-2:55-5:20-7:45-10:10 No Passes Mon 5:05-7:40 No Passes Tue 5:20-7:45-10:10 No Passes Wed-Thu 5:05-7:40
Non-Stop (PG) Fri 5:50-8:20-10:50 Sat 12:50-3:20-5:50-8:20-10:50 Sun 2:15-5-7:35-10:15 Mon 5:50-8:20 Tue 5:05-7:35-10:15 Wed-Thu 5:50-8:20 Fri 6:45-10:05 Sat 3:15-6:30-9:50 Sun 5-7:30-10 Mon 7:40 Tue 7:30-10 Wed-Thu 7:40
Pompeii 3D (PG) Fri 5:35-8:05-10:35 Sat 12:25-3:10-5:35-8:05-10:35 Sun 4:30-7:10-9:45 Mon 5:55-8:40 Tue 4:30-7:10-9:45 Wed 4:45 Thu 5:55-8:40
Royal Winnipeg Ballet's Moulin Rouge: The Ballet (STC) Sat 12:55
Son of God (14A) Fri 4-7-10 Sat-Sun 12:35-3:45-7-10 Mon 5:10-8:30 Tue 4:05-7-10 Wed-Thu 5:10-8:30
Tootsie (STC) Sun 12:55 Wed 7
The Wolf of Wall Street (18A) Fri 6:15-9:25 Sat 2:45-6-9:10 Sun 4-8 Mon 7 Tue 8 Wed-Thu 7

Cinema City Northgate 1399 McPhillips Street

47 Ronin 3D (14A) Fri 7:30-10:10 Sat-Sun 1:30-4:30-7:30-10:10 Mon-Thu 5:35-8:25
Delivery Man (PG) Fri 7:40-10:15 Sat-Sun 1:50-4:50-7:40-10:15 Mon-Thu 5:55-8:30
Gravity 3D (PG) Fri 7:20-9:30 Sat-Sun 2-4:40-7:20-9:30 Mon-Thu 5:50-8
Labor Day (PG) Fri 7:25-10:05 Sat-Sun 1:45-4:45-7:25-10:05 Mon-Thu 5:45-8:35
Saving Mr. Banks (PG) Fri 7-9:55 Sat-Sun 1:10-4:10-7-9:55 Mon-Thu 5:25-8:10
Shaadi Ke Side Effects (STC) Fri 6:50-9:50 Sat-Sun 12:50-3:50-6:50-9:50 Mon-Thu 5:20-8:20
Starting Over Again (PG) Fri 7:10-10 Sat-Sun 1:20-4:20-7:10-10 Mon-Thu 5:40-8:40
Thor: The Dark World 3D (PG) Fri 6:55-9:40 Sat-Sun 1-4-6:55-9:40 Mon-Thu 5:30-8:05

Cinematheque 304-100 Arthur

Anita: Speaking Truth to Power (STC) Fri-Sun 7
No Films Showing Today (STC) Mon-Wed
Pussy Riot - A Punk Prayer (STC) Thu 7
A Story of Children and Film (STC) Fri-Sat 9 Sun 2

Non-Stop. CONTRIBUTED

City Cinema - Northgate 1399 McPhillips

47 Ronin 3D (14A) Fri 7:30-10:10 Sat-Sun 1:30-4:30-7:30-10:10 Mon-Thu 5:35-8:25
Delivery Man (PG) Fri 7:40-10:15 Sat-Sun 1:50-4:50-7:40-10:15 Mon-Thu 5:55-8:30
Gravity 3D (PG) Fri 7:20-9:30 Sat-Sun 2-4:40-7:20-9:30 Mon-Thu 5:50-8
Labor Day (PG) Fri 7:25-10:05 Sat-Sun 1:45-4:45-7:25-10:05 Mon-Thu 5:45-8:35
Saving Mr. Banks (PG) Fri 7-9:55 Sat-Sun 1:10-4:10-7-9:55 Mon-Thu 5:25-8:10
Shaadi Ke Side Effects (STC) Fri 6:50-9:50 Sat-Sun 12:50-3:50-6:50-9:50 Mon-Thu 5:20-8:20
Starting Over Again (PG) Fri 7:10-10 Sat-Sun 1:20-4:20-7:10-10 Mon-Thu 5:40-8:40
Thor: The Dark World 3D (PG) Fri 6:55-9:40 Sat-Sun 1-4-6:55-9:40 Mon-Thu 5:30-8:05

Famous Players Kildonan Place, 1555 Regent Ave W,

300: Rise of an Empire 3D (18A) No Passes Fri 4:30-7:10-10:10 No Passes Sat-Sun 1:10-3:50-7:10-10:10 No Passes Mon-Thu 6-8:45
The LEGO Movie (G) Fri 5:15-7:45-10:15 Sat-Sun 12:15-2:50-5:15-7:45-10:15 Mon-Thu 5:40-8:15
Mr. Peabody & Sherman (G) No Passes Sat-Sun 12
Mr. Peabody & Sherman 3D (G) No Passes Fri 5-7:30-10 No Passes Sat-Sun 2:30-5-7:30-10 No Passes Mon-Thu 5:30-8
Non-Stop (PG) Fri 4:15-7-10 Sat-Sun 12:50-3:40-7-10 Mon-Thu 5:50-8:30
RoboCop (PG) Fri 4-6:50-9:40 Sat-Sun 12:30-3:30-6:50-9:40 Mon-Thu 5:20-8:10
That Awkward Moment (14A) Fri 4:45-7:20-9:50 Sat-Sun 1:30-4-7:20-9:50 Mon-Thu 6-8:40

Grant Park 8 Cinemas 1120 Grant Ave.

12 Years a Slave (14A) Dolby Stereo
300: Rise of an Empire (18A) Dolby Stereo Digital, No Passes Fri 4:10 Dolby Stereo Digital, No Passes Sat-Sun 2:45-5:05 Dolby Stereo Digital, No Passes Mon-Thu 4:10
300: Rise of an Empire 3D (18A) Dolby Stereo Digital, No Passes Fri 7:45-10:10 Dolby Stereo Digital, No Passes Sat-Sun 12:20-7:45-10:10 Dolby Stereo Digital, No Passes Mon-Thu 7:45-10:10
August: Osage County (14A) Dolby Stereo Digital Fri 3:45-7-9:50 Dolby Stereo Digital Sat-Sun 12:35-3:45-7-9:50 Dolby Stereo Digital Mon-Thu 3:45-7-9:50
The LEGO Movie (G) Dolby Stereo Digital Fri-Thu 3:40
The LEGO Movie 3D (G) Dolby Stereo Digital Fri 6:40-9:40 Dolby Stereo Digital Sat-Sun 12:40-6:40-9:40 Dolby Stereo Digital Mon-Thu 6:40-9:40
The Monuments Men (PG) Dolby Stereo Digital Fri-Wed 9:35
Mr. Peabody & Sherman (G) Dolby Stereo Digital, No Passes Fri-Thu 3:55
Mr. Peabody & Sherman 3D (G) Dolby Stereo Digital, No Passes Fri 6:45-9:45 Dolby Stereo Digital, No Passes Sat-Sun 12:45-6:45-9:45 Dolby Stereo Digital, No Passes Mon-Thu 6:45-9:45
Need for Speed 3D (PG) Dolby Stereo Digital Thu 8:05
Non-Stop (PG) Dolby Stereo Digital, No Passes Fri 3:50-6:50-10 Dolby Stereo Digital, No Passes Sat-Sun 12:55-3:50-6:50-10 Dolby Stereo Digital, No Passes Mon-Thu 3:50-6:50-10
Philomena (14A) Dolby Stereo Digital Fri 4-6:45 Dolby Stereo Digital Sat-Sun 1-4-6:45 Dolby Stereo Digital Mon-Wed 4-6:45 Dolby Stereo Digital Thu 4
Son of God (14A) Dolby Stereo Digital, No Passes Fri 3:30-6:30-9:30 Dolby Stereo Digital, No Passes Sat-Sun 12:30-3:30-6:30-9:30 Dolby Stereo Digital, No Passes Mon-Thu 3:30-6:30-9:30
The Wolf of Wall Street (18A) Dolby Stereo Digital Fri 3:25-7:10 Dolby Stereo Digital Sat-Sun 12:15-3:25-7:10 Dolby Stereo Digital Mon-Thu 3:25-7:10 3:25-7:10

Landmark Globe Cinema 393 Portage Ave.

12 Years a Slave (14A) Fri 4:10-6:55-9:45 Sat-Sun 1:20-4:10-6:55-9:45 Mon 6:55-9:45 Tue 4:10-6:55-9:45 Wed-Thu 6:55-9:45
Son of God (14A) No Passes Fri 3:50-6:35-9:25 No Passes Sat-Sun 1-3:50-6:35-9:25 No Passes Mon 6:35-9:25 No Passes Tue 3:50-6:35-9:25 No Passes Wed-Thu 6:35-9:25
Starting Over Again (PG) Fri 4-6:45-9:30 Sat-Sun 1:10-4-6:45-9:30 Mon 6:45-9:30 Tue 4-6:45-9:30 Wed-Thu 6:45-9:30

Landmark Towne Cinema 8 301 Notre Dame Avenue

3 Days to Kill (14A) Fri 6:50-9:40 Sat-Sun 12:45-3:25-6:50-9:40 Mon-Wed 6:50-9:40
300: Rise of an Empire (18A) No Passes Sat-Sun 3:35
300: Rise of an Empire 3D (18A) No Passes Fri 7:05-9:30 No Passes Sat-Sun 12:55-7:05-9:30 No Passes Mon-Thu 7:05-9:30
The LEGO Movie (G) Fri 9:10 Sat-Sun 3:30-9:10 Mon-Wed 9:10 Thu 6:45-9:10
The LEGO Movie 3D (G) Fri 6:45 Sat-Sun 1-6:45 Mon-Wed 6:45
Mr. Peabody & Sherman (G) No Passes Sat-Sun 3:20
Mr. Peabody & Sherman 3D (G) No Passes Fri 7:10-9:20 No Passes Sat-Sun 1:10-7:10-9:20 No Passes Mon-Thu 7:10-9:20
Need for Speed 3D (PG) Sneak Preview Thu 8
Non-Stop (PG) No Passes Fri 7-9:35 No Passes Sat-Sun 12:55-3:35-7-9:35 No Passes Mon-Thu 7-9:35
Pompeii (PG) Fri 6:40 Sat-Sun 12:40-6:40 Mon-Wed 6:40 Thu 6:40-9:15
Pompeii 3D (PG) Fri 9:15 Sat-Sun 3:45-9:15 Mon-Wed 9:15
Ride Along (14A) Fri 6:55-9:10 Sat-Sun 12:50-3:10-6:55-9:10 Mon-Thu 6:55-9:10
RoboCop (PG) Fri 6:40-9:25 Sat-Sun 1:05-3:40-6:40-9:25 Mon-Thu 6:40-9:25

SilverCity Polo Park 815 St. James Street

300: Rise of an Empire — An IMAX 3D Experience (18A) No Passes Fri-Sun 12:25-3-5:35-8:10-10:45 No Passes Mon-Thu 2:45-5:20-7:55-10:30
300: Rise of an Empire 3D (18A) No Passes Fri 12-2:30-5:05-7:40-10:20 No Passes Sat 10:55-1:25-4-6:35-9:15 No Passes Sun 11:55-2:25-5-7:35-10:15 No Passes Mon-Thu 2-4:30-7:10-9:55
About Last Night (14A) Fri-Wed 9:30
Dolphin Tale (G) Sat 11
Frozen (G) Fri-Sun 12:30 Mon-Tue 1:35 Star & Strollers Screening Wed 1:30 Thu 1:35
Frozen 3D (G) Fri-Sun 3:20 Mon-Thu 4
The Hobbit: The Desolation of Smaug 3D (14A) Fri-Thu 6:30-10
In Fear (14A) Thu 7:30
The LEGO Movie (G) Fri 1:40-4:10-6:50 Sat 11:20-1:40-4:10-6:50 Sun-Tue 1:40-4:10-6:50 Wed 1:40-4:10-6:40 Thu 1:40-4:10-7:10
The LEGO Movie 3D (G) Fri-Sun 12-2:30-5:05-7:40-10:10 Mon-Wed 2:30-5-7:35-10:10 Thu 1:35-4:10-7:55-9:40
Mr. Peabody & Sherman (G) No Passes Fri-Sun 12:30-2:55-5:20-7:50-10:15 No Passes Mon-Wed 2:55-5:20-7:45-10:15 No Passes Thu 2-4:20-7-9:25
Mr. Peabody & Sherman 3D (G) No Passes Fri-Sun 12-2:25-4:50-7:15-9:40 No Passes Mon-Wed 2-4:20-7-9:25 No Passes Thu 2:55-5:20-7:45-10:15
Need for Speed 3D (PG) No Passes Thu 9:30
No Clue (STC) Fri-Sun 11:55-2:20-4:50-7:20-9:55 Mon-Thu 2:20-4:50-7:20-9:55
Non-Stop (PG) Fri-Sun 12:10-2:55-5:30-8:05-10:45 Mon-Tue 1:50-4:35-7:15-9:50 Wed 4:35-7:15-9:50 Thu 1:50-4:35-7:15-9:50 Star & Strollers Screening Wed 1:30
Pompeii 3D (PG) Fri-Sat 12:15-2:50-5:20-7:55-10:40 Sun 2:50-5:20-7:55-10:40 Mon-Wed 2:30-5:15-7:50-10:30 Thu 2:30-5:15-10:30
Ride Along (14A) Fri 12:40-3:10-5:40-8:20-10:50 Sat 3:10-5:40-8:20-10:50 Sun 12:40-3:10-5:40-8:20-10:50 Mon-Wed 1:50-4:25-7:05-9:45 Thu 1:50-4:25-9:45
RoboCop (PG) Fri 1:20-4:10-7-9:50 Sat 12:20-4:10-7-9:50 Sun 12:05-4:10-7-9:50 Mon-Tue 1:45-4:40-7:30-10:20 Wed 1:35-4:15-10:20 Thu 1:45-4:40-7:30-10:20
Royal Winnipeg Ballet's Moulin Rouge: The Ballet (STC) Sat 12:55
Son of God (14A) Fri-Sun 12:50-4-7:10-10:20 Mon-Wed 2:05-6:55-10:05 Thu 2:05-6:05
Tootsie (STC) Sun 12:55 Wed 7
Veronica Mars (STC) Thu 9:30
The Wind Rises (PG) Fri-Sun 1:30-4:30-7:30-10:25 Mon-Thu 1:30-4:30-7:25-10:25

SilverCity St. Vital 110-1225 St Mary's Rd.

300: Rise of an Empire 3D (18A) No Passes Fri 2:25-4:55-7:30-10:05 No Passes Sat 11:50-2:25-4:55-7:30-10:05 No Passes Sun 2:25-4:55-7:30-10:05 No Passes Mon-Thu 1:55-4:25-7:10-9:50 No Passes Fri 3-5:35-8:10-10:45 No Passes Sat 12:25-3-5:35-8:10-10:45 No Passes Sun 12:25-3-5:35-8:05-10:35 No Passes Mon-Thu 2:15-5-7:40-10:15
Dolphin Tale (G) Sat 11
Frozen (G) Fri 2 Sat 11:30 Sun-Wed 2 Thu 1:25
Frozen 3D (G) Fri 4:30 Sat 2-4:30 Sun-Wed 4:30 Thu 3:55
The LEGO Movie (G) Fri 2:30 Sat 12 Sun 12-2:30 Mon-Tue 2:30 Wed 1:50 Thu 2:30
The LEGO Movie 3D (G) Fri 5-7:40-10:10 Sat 2:30-5-7:40-10:10 Sun 11:45-5-7:40-10:10 Mon-Tue 4:55-7:35-10 Wed 4:15-7:15-10 Thu 4:55-7:35-10
The Monuments Men (PG) Fri-Sun 9:50 Mon-Thu 9:40
Mr. Peabody & Sherman (G) No Passes Fri 2:20-4:50-7:20 No Passes Sat-Sun 11:55-2:20-4:50-7:20 No Passes Mon-Thu 2:20-4:50-7:20
Mr. Peabody & Sherman 3D (G) No Passes Fri 2:55-5:20-7:50-10:15 No Passes Sat-Sun 12:30-2:55-5:20-7:50-10:15 No Passes Mon-Thu 2:55-5:20-7:45-10:05
Need for Speed 3D (PG) No Passes Thu 9:15
Non-Stop (PG) Fri 2:50-5:25-8-10:35 Sat-Sun 12:20-2:50-5:25-8-10:35 Mon-Wed 2:40-5:10-7:50-10:20 Thu 5:10-7:50-10:20 Star & Strollers Screening Thu 1:30
The Nut Job (STC) Fri 1:50-4:45 Sat-Sun 2:15-4:45 Mon-Thu 1:50-4:45
Pompeii 3D (PG) Fri 2:45-5:15-7:55-10:30 Sat 5:15-7:55-10:30 Sun 2:45-5:15-7:55-10:30 Mon-Tue 2:10-4:40-7:15-9:45 Wed 2:10-4:40-9:45 Thu 2:10-4:40-7:15-9:45
RoboCop (PG) Fri-Wed 7-9:45 Thu 7
Royal Winnipeg Ballet's Moulin Rouge: The Ballet (STC) Sat 12:55
Son of God (14A) Fri 1:50-4:10-7:05-10 Sat 12:45-3:50-6:50-9:55 Sun 12:45-3:50-6:45-9:40 Mon-Wed 1:50-4-7:05-10 Thu 4-7:05-10 Star & Strollers Screening Thu 1:30
That Awkward Moment (14A) Fri-Sun 7:10-9:35 Mon-Wed 7:25-10:10 Thu 6:30-10:10

Time to summon his Inner Ninja: Classified co-hosts Junos on the fly

Winging it. East Coast rapper admits he hasn't rehearsed much, but thinks things might turn out better that way

Classified appears at the Juno Awards in Ottawa back in 2012. This year, he's accepted a last-minute gig as a co-host.
THE CANADIAN PRESS FILE

After performing at two of the last four Juno Awards, East Coast rapper Classified was pretty sure he was going to have to take this year off.

The 36-year-old has a lengthy Canadian tour on both sides of this year's gala, to be held at Winnipeg's MTS Centre. Sure, he fortuitously has one night off and it's the same evening as the March 30 gala, but when Juno organizers reached out to him roughly two weeks ago about co-hosting the show with fellow nominees Serena Ryder and Johnny Reid, he was nearly certain he wasn't going to be able to do it.

But organizers "really wanted to make it happen," he said. So it's happening, though with scant time for preparation or rehearsal, the Inner Ninja rapper will indeed have to be quick and nimble on his feet.

"I've seen what these Juno hosts go through — they're usually there at least Thursday or Friday, rehearsing, going through all this stuff," the affable MC said down the line from Enfield, N.S., on Wednesday morning.

"I'm flying in either Saturday night or Sunday morning and we'll figure it out the day before and go for it."

The rushed nature of the gig, he muses, might actually settle his nerves. "(It) might be better for me," he said. "Because I don't know about this hosting stuff. I don't know how good I am at hosting. I make music. But I think it'll be fun."

He'll have help, of course. And it's the first time in recent memory the Junos have opted for a host-by-committee approach.

The event has recently been led by such hosts as crooner Michael Bublé, Toronto rap royalty Drake and hammy Star Trek alumnus William Shatner, while starry hosts of Junos past include Shania Twain, Nelly Furtado and Alanis Morissette.

For their part, Reid, Ryder and Classified have carved out significant Juno success in recent years. The trio of platinum-selling artists has collected 35 career Juno nominations and eight wins, while Ryder is one of this year's marquee nominees with five nods. Montreal's Arcade Fire leads with six nominations.

Classified is a two-time nominee this year after securing his first win last year, for rap recording of the year for his aforementioned multi-platinum David Myles collaboration Inner Ninja. They even performed the tune at last year's ceremony.

Oddly, the same song is nominated again this time out, but for single of the year. Double-dips like that are possible because there's always a small overlap between Junos eligibility periods, and Inner Ninja was serendipitously released during that grey area.

Still, even Classified — whose real name is Luke Boyd — admits he was a little mystified at first.

"It's kind of weird. Even when I found out, I was like, 'How the hell did that happen?'" he said with a laugh. "Basically, Inner Ninja was only out for a month or two last year when the Junos happened, so it did a little bit, but it didn't do half of what it's done over the year.

"It went on to sell a half a million copies and they just couldn't ignore that. 'OK, this is the biggest-selling Canadian song last year, and we have to nominate it in more than just the rap categories.' ... (But) it kind of threw me off guard too."

He'll open the show with a joint performance with Serena Ryder combining two of their songs and he says they'd actually bandied about ideas for a collaboration even before the Junos co-hosting gig came up.

Otherwise, what can viewers expect to see from Classified as Junos host?

"I have no idea," he said, again laughing. "I don't know anything. That's the crazy thing about it. I figure they're going to start sending over some ideas of what we want to do.

"This stuff is fun for me," he added. "This shouldn't be work. ... This is going out to celebrate Canada's music and the year. Just go out and have fun doing it." THE CANADIAN PRESS

Quoted

"I don't know anything. That's the crazy thing about it. I figure they're going to start sending over some ideas of what we want to do."

Canadian rapper Classified

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- **Wolverine.** The great north is home to a pen-and-ink comic book history that is more than just pulp fiction. From Captain Canuck to Nelvana of the Northern Lights; Wolverine to Northguard, go online for an interactive map of Canadian superheroes.

- **First comic.** While the first edition of Nelvana of the Northern Lights cost 15 cents in the 1940s, you can read it online for free. Find out how Nelvana descended to earth after being called by Chief Tadjo to defeat the evil Commander Toroff.

- **Fan art.** When it came to how Nelvana would be illustrated, comic creator Adrian Dingle had some ideas of appropriate Arctic wear: a fur-trimmed mini-skirt, knee-high boots, matching gloves and headband, and a magical cape. While fans of the Inuit demi goddess aren't apt to wrap her in a Canada Goose jacket, they do have their own opinions about how Nelvana should look in 2014. Go to metronews.ca/nelvana to see some of their works.

Canada's own super hero. Captain Canuck, the boy scout with superhuman strength, has been reinvisioned for a new generation

DEAN LISK
life@metronews.ca

When it comes to updating a disco-era comic book character for an action-filled generation, you need to make some crucial changes.

"These days, the whole idea of a superhero in tights doesn't really exist," said Fadi Hakim. "You do need boots, you need armour. You need that sort of thing."

Hakim is one of the creative minds behind the revamped Captain Canuck, a red-and-white clad superhero who first leapt — he doesn't fly but he has superhuman strength — from the comic book pages in 1975.

The series was temporarily shelved in 1976, but was back in stores from 1979 to 1981. A second version of Canuck appeared in 1993, then a third in 2004, but these were both limited runs.

Fast forward a decade, where the highest rated films chronicle the ka-pows, whacks and prak-praks of the X-Men, Justice League and Dark Knight, and the time appeared right for Canuck to reemerge from the Canadian wilderness of forgotten superheroes.

A new five-part web series featuring Canuck wrapped up this week (more are planned), a live-action suit has been unveiled for public appearances, and the film rights have been bought by Minds Eye Entertainment. Fans are even creating their own art based on the characters in the series.

"He is a boy scout that is a little apologetic and tongue in cheek," said Hakim, president of Captain Canuck Inc. and owner of Toronto's Lakeview Restaurant, about this new incarnation.

You see those qualities in the first episode of the web series. Canuck weaves his way through a Canada Day crowd on Parliament Hill in a rush to defuse a bomb. "Sorry, miss," he says to a female fan before interrupting a Platinum Blonde concert to locate the explosive.

Captain Canuck saves the day. CONTRIBUTED

Anthology

Resurrecting Nelvana

Captain Canuck isn't the only Canadian superhero emerging from the protective hands of comic book collectors or the dog-eared, twine-tied stacks in musty basements.

Pre-dating Wonder Woman, Nelvana of the North first appeared in comics in 1941 and ran for 31 issues.

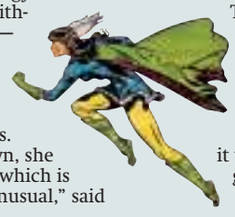
The tribal legends about the witch-like daughter of Koliak, King of the Northern Lights, inspired comic creator Adrian Dingle to pen a story about Canada's first female superhero.

CGA Comics' Hope Nicholson and her partner, Rachel Richey, launched a Kickstarter campaign last year to raise money to publish a complete anthology of all the Nelvana comics. Within five days they reached — and then doubled — their goal of $25,000. This spring, the 350-page book will be sent out to the project's crowdfunders.

"She is amazingly drawn, she is an Inuit super goddess, which is something that is really unusual," said Nicholson. "It is extremely Canadian. She actually, in one issues, arrives on a polar bear into battle, which is where Nelvana animation got its logo of a polar bear."

Rachel Richey and Hope Nicholson. CONTRIBUTED

To create the anthology, they went to about 13 different private and public collections across Canada to scan each page. They managed to get all of them except for one which they could not find, said Nicholson, who also produced the Canadian superhero documentary Lost Heroes, currently airing on Super Channel. "It was in one private collector's collection but it was too damaged to scan, so I had to go to a reference library yesterday to get a microfiche scan." DEAN LISK



"Exploring Canadian identity is amazing," said Hakim. "It is very simple to play on that dry sense of humour that is almost clichéd, but we Canadians hold that dear, and it is important to us. That is what Captain Canuck is."

It was that representation of Canadian identity that first attracted Hakim to the character. He was six years old when he came across a Canuck comic at the Dixie Flea Market near Toronto Pearson International Airport. The '70s comic followed the adventures of Tom Evans, a secret agent living in a futuristic 1993, who gains supernatural powers after an encounter with extraterrestrials.

"I had my own money, 25 cents, and I bought Captain Canuck No. 1," he said. "I didn't remember reading the story but I do remember getting as many issues as I could. He was a patriotic character. He was vibrant. And then 'Canuck,' I didn't really know what 'Canuck' meant.

"I was born here, but am first generation, and, you know, singing O Canada in class, and the flag, and to see that in a comic book ... It puts things in perspective."

Hakim went from buying Canuck comics to introducing the character to a new generation after he met Richard Comely, the comic's creator. Hakim wanted to use the superhero's likeness on his restaurant's menu and approached Comely to see if he would allow it.

"I took a chance and emailed Richard and I couldn't believe it when he got back to me," said Hakim.

When the license for Captain Canuck became available, Hakim acquired the rights. One of the first people he brought on board to revamp the character was Paul Gardner.

"As a kid, I came from Scotland and I discovered the comic," said Gardner, creative director at Captain Canuck Inc. "I had Captain Britain over there, and they didn't have it here. Then, I saw Captain Canuck on a shelf, picked it up and fell in love with it. My way into Canada was sort of through the comic book."

The first question they asked themselves is what they would keep from the original series. "It went from being a fantasy — the big blue sky — to how do we do this practically so we don't have fans hate us," said Gardner. "It takes a village to raise a child; it's the same as taking a property like this."

While they changed the suit, and switched the gender of the character Blue Fox from male to female, they stuck to the spirit of Captain Canuck as a big boy scout with a conscious.

"We wanted to make this all inclusive, we wanted to make sure we stuck to our female audience and brought a bit more balance to the characters," said Gardner. "There is a big female audience."

"There are no big breasts, there is none of that nonsense," said Hakim. "So far, so great. We are growing it slowly, we are keeping it independent to the point where we have enough of a following we can take it to a bigger audiences."

Voicing the Captain

In the web series, Captain Canuck is voiced by Kristen Holden-Ried (Lost Girl, The Tudors), with Paul Amos (Lost Girl), Laura Vandervoort (Smallville) and Golden Globe nominee Tatiana Maslany (Orphan Black) also lending their voices to characters. The five episode series can be viewed at captaincanuck.com.

The man inside the leather

How do you dress Captain Canuck? Not in tights, that's for sure, says David Pea, president of UD Replicas. "There is a lot of 'been there done that' with spandex. They can be convincing and realistic but they can also look cheap," he says.

Pea's Toronto-based company makes motorcycle suit replicas of pop culture costumes, from the Dark Knight and Man of Steel to KISS jackets and Star Wars.

"What the studios do with millions of dollars and massive budgets to create their costumes on films we have to somehow reproduce out of leather for the public," he said.

Late last summer, Pea was approached to create a Captain Canuck suit. The costume was shown for the first time at Thursday's premiere of episode five of the animated series in Toronto.

"In the cartoon, Canuck has big shoulders, no waist and a little head, and they had to figure out how to get all that to work on a real person without it looking silly," says Pea. "It had to be done with human proportions." METRO

The mask

Taken from a life cast, a clay mold was later injected with red-and-white urethane rubber (the same stuff used for car bumpers and tires). Red earpieces were later attached and blue mesh lenses were placed in the eye sockets. "It looks bad-ass," says Pea, adding Canuck wears the mask over a white balaclava.

The maple leafs

There is the large, main maple leaf on the chest and on the back, but maple leafs were also silk-screened on each of the shoulders.

The effect

"It doesn't matter what you are built like when you put on our stuff," says Pea. "Even if our suits are too big on you, it naturally looks skin tight because of the muscle-wrapping design we have done. He is going to look like a tank. It is going to look like he has zero body fat."

The muscles

The Captain's shoulders, biceps, triceps, thighs and six-pack (more like eight-pack) were sculpted out of motorcycle-grade foam-body armour. The leather was then glued to the muscles and worked into the creases to make the suit look skin tight. It took more than a month to complete this phase.

The fabrics

The jackets and pants are made from a white heavy-grained Napa leather and two types of red suede. There is darker red suede for the details and a brighter red covered in silicone hexagon print. "It is a 3D-raised print and you can feel it with your finger when you run it across it. That was a nightmare to do, I am not going to lie," says Pea. "The philosophy of the character had to fit. He is a Canadian hero, so the fact it is made of something a little sturdier than spandex makes sense with our weather."

The boots

Also custom made, the knee-high boots are deep red with white trim. Snap buckles on the sides allow Canuck to pull them on. "These are the sexiest and coolest boots we have ever made and they scream Canada. There is no mistaking them for anyone but Captain Canuck." For the record, Canuck wears a size 11.

Canuck talk

Captain Canuck spared a few minutes from his crime-fighting crusade to answer a few need-to-know questions. Here is what red and white had to say:

Who is a Canadian hero?
Chris Hadfield sets an amazing example for all young Canadians — and he's one of the only men I know who can fly in space! A close second would be the True Patriot Love organization, which looks after all the men and women who risk their lives in military service.

Who is a zero?
There's a villain named Vex giving a succubus friend of mine a hard time recently. Reminds me I've got to return her Rush CDs...

What superhero would you like to go out with?
I don't have much of a personal life these days, but I did I hear Tessa Virtue's time has freed up recently.

Who is more patriotic, you or Captain America?
Being a patriot is not a contest for either of us. Curling, on the other hand... METRO

A brief history of comics

It's time to stop thinking 'comedians' when you hear the words 'Canada' and 'comics.' Here is a quick sampling of some of our illustrious illustrated past and present:

Johnny Canuck

Created as a political cartoon in the 1800s, this national personification was Canada's answer to Great Britain's John Bull and the U.S.'s Uncle Sam. Just like Barbie, Canuck was depicted as everything from a soldier to a "habitant" and a lumberjack — which is the basis for the Vancouver Canuck's logo.

Superman

We've all seen the "It will never fly" heritage moment; in 1933, Jerry Siegel and his Canadian cousin Joe Shuster created the building-leaping Man of Steel. Some of the original elements in the strip, like the name of the newspaper Clark Kent worked at, were inspired by Shuster's Toronto upbringing.

Golden Age of comics

When the War Exchange Conservation Act banned the import of luxury goods from the United States — yes, comics included — in the 1940s, a Golden Age of comics was started in Canada. Johnny Canuck was updated and new characters, like Nelvana of the Northern Lights, were introduced.

X-Men

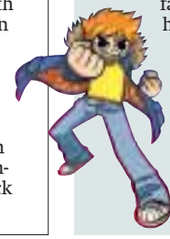
Introduced in 1963, the popular comic series about humans with mutant powers had storylines take place in Canada — including how Alberta-born Wolverine had his skeleton bonded with Adamantium. The film series was partially shot in Canada, with Canuck actors portraying some of the key characters. Among them are Halifax's Ellen Page as Kitty Pryde, Shawn Ashmore as Iceman, and Canadian-born Anna Paquin as Rogue.

Alpha Flight and Northstar

First appearing in a 1979 edition of Uncanny X-Men, Alpha Flight was an all-Canadian superhero team that tried to capture Wolverine and bring him back to Canada. The team is made up of French, English and First Nation characters, and was spun-off into its own series. One ember of Alpha Flight, Northstar — Montreal-born Jean-Paul Beaubier — was one of the first openly gay comic book characters, and even married his partner, Kyle Jinadu, in 2012.

Tom McFarlane

A Calgary native, McFarlane worked on a number of famous comics in the '80s and '90s before creating his own character, the anti-hero Spawn.



Graphic novels

In recent years, Canadian cartoonists like Seth (Palookaville), Chester Brown (Louis Riel, Paying for It) and Bryan Lee O'Malley (the Scott Pilgrim series) have received acclaim for their graphic novels. METRO

Gotta be room for Gus on Breaking Bad spin-off

Better Call Saul. Add Giancarlo Esposito to the list of Breaking Bad alumni itching to join the drama's upcoming prequel

Giancarlo Esposito, left, in a scene from Breaking Bad. GREGORY PETERS/AMC

Giancarlo Esposito says he believes there's room for his drug kingpin character Gustavo Fring in the hotly anticipated spin-off to Breaking Bad, which centres on the dealings of sleazy lawyer Saul Goodman before he hooks up with meth-maker Walter White.

"I don't know how much room but certainly it takes place pre-Walt so there is that space in that moment of time to have Gustavo realized in that show, it certainly is completely possible," Esposito said in a recent phone interview to promote an appearance at Toronto Comicon this weekend.

Speaking from the set of his current series, Revolution, in Austin, Tex., the veteran actor says he considers the ruthless Fring to be one of the best roles of his career, and credits Breaking Bad creator Vince Gilligan with the opportunity.

He would love for their TV partnership to continue.

"My people have talked to his people," Esposito says of Gilligan, who is listed as a co-creator on Better Call Saul.

"They're in the writers' room now so they have to formulate exactly what the show is but they've asked if there would be any interest if they were able to figure it out. I always would love to return to them because I think Vince is brilliant at what he does and I love the cast that he put together. To be back with the Breaking Bad family is a very specific and very wonderful way to work."

Quoted

"I would always love to return to them because I think Vince is brilliant at what he does and I love the cast that he put together."

Giancarlo Esposito, on getting the chance to work on Better Call Saul

The Emmy-winning Breaking Bad ended last year after five seasons.

Gilligan has said he'd welcome cameos from Breaking Bad actors in Better Call Saul, which will return Bob Odenkirk to the role of an Albuquerque attorney whose bread-and-butter is defending low-level criminals.

Breaking Bad co-star Aaron Paul, who played Walt's student-turned-sidekick, has said he's game for revisiting Jesse Pinkman and has been in talks about bringing his character on board.

But it isn't clear if there will be room for Breaking Bad star Bryan Cranston, whose science-teacher-turned-dealer Walter White relied on Saul's money-laundering schemes as his empire grew.

One character that has reportedly been confirmed is Saul's trusted private investigator/fixer Mike Ehrmantraut, played by Jonathan Banks. And that may be Gus' avenue into the show.

Fans of Breaking Bad know that Mike also worked as security chief at Los Pollos Hermanos, the chicken chain Gus used to launder his drug spoils, and was an enforcer in Gus's drug operation.

If Gus is ever brought into the show, Esposito says he's confident it would be a natural fit to the overall Breaking Bad story.

"These writers are really good and they have a great way to be able to truthfully bring someone back."

THE CANADIAN PRESS

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metro

O'Neal hopes everybody will be Shaq Fu funding

Video game. Hoops superstar crowd-funds to revive original that was a little bit frightening

Shaq wants to be back in a video game.

Shaquille O'Neal says he's seeking redemption for Shaq Fu, his infamous fighting game originally released in 1994 that's now considered to be among the worst games ever made. The four-time NBA champion is launching a crowd-funding campaign to create a Shaq Fu follow-up titled Shaq Fu: A Legend Reborn.

In return, backers could receive anything from a pair of autographed size-22 sneakers to a pick-up basketball game and lunch with Shaq, depending on how much they donate.

"The old Shaq Fu was a 'Ha, ha, ha,"' said O'Neal in a telephone interview this week. "This will not be a 'Ha, ha, ha."'

In the original Shaq Fu, O'Neal's character stumbles across a kung fu dojo while taking a break from playing a charity basketball game in Tokyo. He discovers a portal inside to another dimension where he engages in Mortal Kombat-like battles with such characters as an evil mummy, voodoo priestess and cyborg police officer.

The game was derided by Shaq fans for its cheesy story, wonky controls and blatant attempt to cash in on O'Neal's superstar status. Shaq Fu prompted one group of gamers to create the site ShaqFu.com and post photos and videos of fans destroying copies of Shaq Fu in unusual ways.

"I don't think it was the worst," said O'Neal. "When you talk about the worst, you've got to talk about sales. I actually sold a lot of games, but when I did the first Shaq Fu, that was at the end of analog right before digital came out. It wasn't a bad game. It wasn't a good game, but it wasn't awful."

Unlike the original Shaq Fu released by Electronic Arts, Shaq Fu: A Legend Reborn will be a beat-'em-up game created by Big Deez Productions in the style of Streets of Rage. The studio said A Legend Reborn will feature Shaq taking on hordes of enemies with hundreds of different moves, as well as melee weapons, in various levels. The game's soundtrack will be created by Steve Molitz and feature remixed renditions of Shaq songs.

"The graphics, animation and storyline are definitely going to be top of the line," said O'Neal.

Utilizing crowd-funding services such as Indiegogo and Kickstarter has become an increasingly popular method for game developers to fund new titles. Kickstarter said earlier this week that more money has been pledged to game projects than any other category since the site launched in 2009.

However, that's typically for small indie or niche gamemakers. Why is a multimillionaire like O'Neal asking fans to open their wallets to resurrect Shaq Fu instead of simply coming up with the cash himself?

"That's just the new way of doing business," said O'Neal, who retired from the NBA in 2011. THE ASSOCIATED PRESS

What a donation to the game will get you

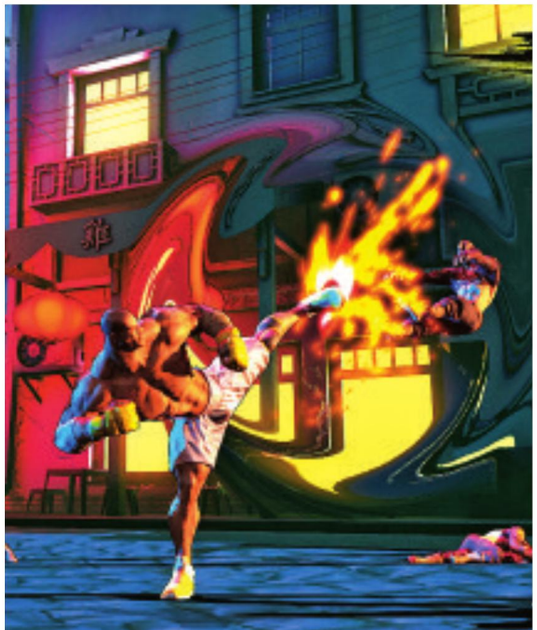
Shaq Fu funders who donate $15 on the game's Indiegogo site will receive a copy of the game, while those who donate big bucks will be granted various prizes and opportunities, such as:

- $400 for admission to a Shaq-Fu launch party; $600 for O'Neal to record an outgoing voice mail message; $3,000 for a size 22 sneaker signed by O'Neal; $15,000 for lunch and a pick-up basketball game at one of O'Neal's houses.

Name of the game

"I have a big social following, so everyone will have their hand in it. As a businessman, you have to take advantage of all available options."

Shaquille O'Neal on why he's asking fans to open their wallets to resurrect Shaq Fu



A screenshot of the video game, Shaq Fu: A Legend Reborn.
BIG DEEZ PRODUCTIONS/INDIEGOGO/THE ASSOCIATED PRESS

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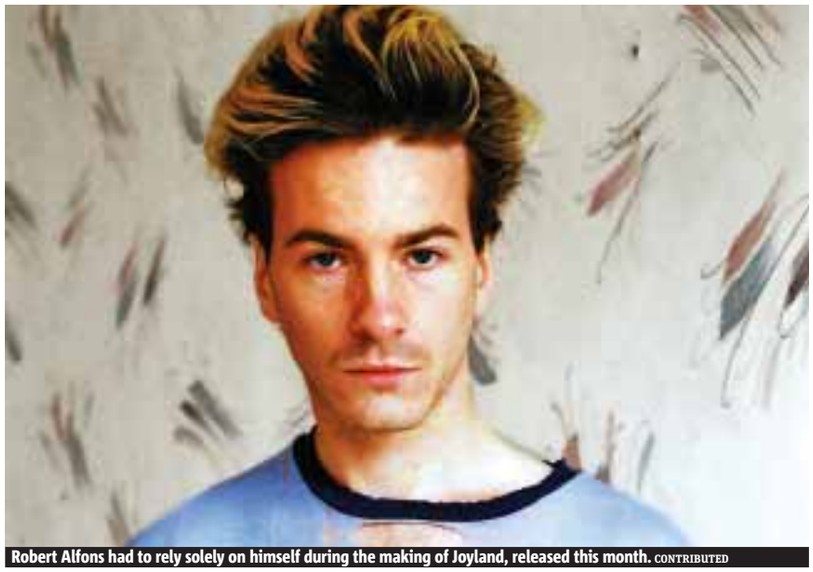
For Trust, change can be a good thing

All by myself. No longer a duo, Trust's Robert Alfons breaks new musical ground on sophomore effort



Robert Alfons had to rely solely on himself during the making of Joyland, released this month. CONTRIBUTED

Two years ago, Trust's Robert Alfons both released the Toronto electro-goth duo's debut TRST and promptly became a solo act with the departure of founding member Maya Postepski.

Although he says now he wasn't surprised by Postepski leaving the band to focus on her role in Austra, the timing nonetheless seemed inopportune.

Trust had introduced itself to acclaim — including a Juno Award nomination and positive notices from Pitchfork, NME and the Guardian — and the task of crafting a worthy follow-up now fell to Alfons alone.

But Alfons insists the experience of making the just-released Joyland wasn't drastically different from making the first album.

"There's definitely an added spotlight of sorts," he acknowledged in a recent phone interview.

"The hardest part about not having a collaborator is you just have to edit your own work and you have to be really firm about what direction to go. I think that's the biggest change.

"(But) I always question myself. Constantly. It's good. It keeps me humble. It makes the work I end up doing more thought out and I'm not just throwing ideas out."

Even if the creative process was only a "little different" for Alfons, the resultant record switches things up by adding a more dramatic flair.

Mostly, Alfons has opened the blinds. Where TRST was resolutely gloomy — as if filtered in stylish monochrome — Joyland finds Alfons brightening the room.

The neon synths of Geryon, the euphoric chorus of highlight track Capitol, or the galloping verses in Peer Pressure might have all sounded out of place on Trust's unwaveringly focused debut. In fact, some songs — like the sugary title track — were written before TRST even came out, but Alfons knew at the time that they wouldn't fit on the debut effort.

"This record is a lot more playful," he agreed. "I felt allowed to do those sort of things."

"There's certain ideas I didn't allow myself to discover on the first time, to indulge myself in," he added.

He felt similarly freer this time around to continue to push the already prodigious range of his unique voice, capable of segueing from the alien falsetto of the title track to the flinty monotone murmuring on Geryon.

The production sounds richer too, an element Alfons simply credits to experience.

As a listener, over the last couple of years he delved deeply into acid house and discovered production elements "that I die for," he notes.

Although he's quietly confident about the new material, he still muses about whether fans will follow the new direction.

"I think I tried new things. I think some of it sounds different. That's confusing for people."

THE CANADIAN PRESS

Quoted

"This record is a lot more playful. I felt allowed to do those sort of things."

Robert Alfons, on choosing to experiment more on Trust's second record

Mind the App

Wander the Canadian wilderness

MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

Wild Canada
iPhone/iPad
Free

This impressive companion to the new CBC TV series is an atmospheric journey through our country's wildlife, landscape, and people using interactive binoculars, bird flights, HD video clips and infographics.

Video game review

Name. Plants Vs. Zombies: Garden Warfare

For. Xbox One/Xbox 360

Rated. Everyone 10+

This game won't play without an Xbox Live subscription and will restrict you to playing just with friends online, not on your couch. These are frustrating demands for an otherwise fun time. You run and shoot, either together to protect a garden or against each other in teams. The fun is in unlocking zany upgrades such as jet packs, drones, and disco zombies. Things really do become "craaazy" while somehow remaining balanced. That's until EA's servers drop your session, turning what should be a fantastic experience into a problematic one. **KRIS ABEL**

3 songs for the weekend

SOUND CHECK
Alan Cross
scene@metronews.ca

A little old, a little new, and a tongue-twister that will leave you speechless.

The Day I Tried to Live (Rehearsal)/ Soundgarden

Listen in as Soundgarden works out how this future single from 1994's Superunknown should sound. Expect more material like this with the album's 20th anniversary reissue on June 3.

TV/ Superfood

Speaking of how things were back in the day, this brand new track from the U.K.'s Superfood would not sound out of place if it had been released in 1994 at the height of Britpop craziness. Interesting how things have come full circle, isn't it?

Alphabet Insanity/ Mac Lethal

This alphabetical alliteration will amaze all. Lethal's YouTube channel, Therapy, Fast Rap and Drunken, features even more tongue-twisters.

Call him Mr. Fahrenheit

Lambert will rock you on Queen's 19-date U.S. tour

Adam Lambert has never paid attention to the haters, and he won't start now as the lead singer for the rock band Queen on their upcoming summer tour.

"You just can't focus on that crap, especially in today's day and age, the Internet, and everybody has an opinion and a comment. That's not why we do this," Lambert said.

Lambert first performed with Queen in 2009 when he was a contestant on American Idol, where he placed second. The band and Lambert have since performed together, including last year's iHeartRadio Music Festival in Las Vegas and a European tour in 2012.

This summer's 19-date U.S. tour kicks off June 19 in Chicago. It wraps up July 20 in Washington, D.C. Tickets are scheduled to go on sale Friday.

THE ASSOCIATED PRESS

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Justin Bieber ALL PHOTOS GETTY IMAGES

A banner day for Bieber: Police arrest sleeping fan and release urine-test vid

Police in suburban Atlanta arrested a woman they say was found sleeping in a bedroom at a home rented by Justin Bieber. Police say 23-year-old Qianying Zhao was found at the home Wednesday.

She told officers she had come to attend Bieber's birthday party and entered the unoccupied home through an unlocked door. But police say Bieber's party was earlier in the week at another location. She told officers she was Bieber's friend, but investigators believe she's one of millions of fans who follow him on Twitter. She faces a charge of criminal trespass.

Meanwhile, a Miami police video of Justin Bieber giving a urine sample for a drug test after his arrest on driving under the influence and other charges was released Thursday, with sensitive portions blacked out as ordered by a judge.

The clips show the 20-year-old singer standing behind a low partition to provide the sample. A black box is imposed over his lower half to conceal any glimpse of his genitalia.

THE ASSOCIATED PRESS

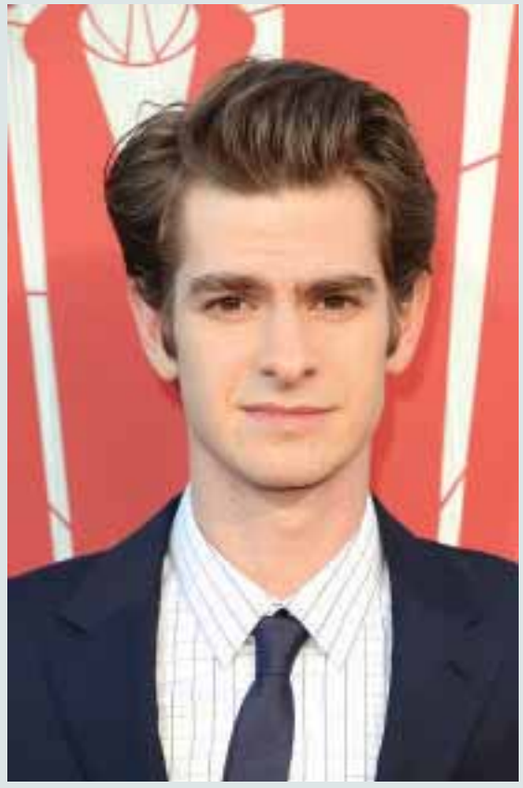
JLaw gets off Oscar-free and couldn't be happier

Jennifer Lawrence went home empty-handed from the Oscars last weekend, but apparently that's just fine as far as she's concerned.

"Jennifer said she was so relieved she didn't win because she didn't want to go through what Anne Hathaway experienced. She's very aware that the backlash is already coming anyway," a source tells Radar Online. "She was sort of joking because her and Anne are actually friends, but she just knew that if she won the Oscar again it'd be like a target on her back."

Jennifer Lawrence

The Word



You've Gotham be kidding — Spidey star kills Batkid honour?

MELINDA TAUB
Metro World News

Did Andrew Garfield refuse to present with Batkid at the Oscars?

If there is any truth to this rumour, Andrew Garfield may have pole vaulted past Justin Bieber and Shia LaBeouf to take the prize for most unlikable celebrity of the year. Shia just screams at Alec Baldwin, who can probably take it; Andrew, rumour has it, broke the heart of a little boy who survived cancer.

Garfield was scheduled to appear at the Oscars on Sunday with Batkid, the little boy with cancer for whom San Francisco transformed into Gotham for a day. The Spiderman star was to take part in an official ceremony to name Batkid an official superhero. However, Garfield apparently didn't like his lines and wanted to change them.

"Garfield refused to go by the script. He came up with his own lines. The producers felt that Garfield's (rewrites) were not appropriate. Garfield had a tantrum. He stormed off. Miles and his family, who were at the rehearsal, were devastated," a source told Page Six.

Producers decided to cut the Batkid segment from the show and sent Miles and his family to Disneyland instead — which, for a California kid, may not have been much of a thrill. I really hope Garfield's jerkishness is just a rumor, but even if he was a huge diva, it's not just him — this reflects terribly on everyone involved. Garfield, of course, comes off as a real jerk, but what would possess the Oscar producers to put such pressure on a small child in the first place?

Simon Cowell

Fatherhood brings out Cowell's soother side

While the first baby might have caught Simon Cowell somewhat off-guard, the "X Factor" boss is ready for more now that his son, Eric, has been born. "I was born to be a dad. I wouldn't rule out (more children)," he tells Extra. "I had a brother when I was younger, so I kind of think it's cool to have two or three." And the dynamic of having a newborn at home with girlfriend Lauren Silverman hasn't been exactly what he was expecting: "Lauren's actually been crying more than Eric, so I've had to put one of those pacifiers in her, which she likes," he jokes. "Has to be fed every three hours, otherwise she gets a little bit grumpy, and Eric's absolutely fine."

Lance's Olsen twin romance subject of tell-all

Lance Armstrong was reportedly advised to ditch Ashley Olsen when the pair briefly dated back in 2007, according to new Armstrong tell-all book Cycle of Lies. John Korioth, head of Armstrong's Livestrong Foundation, "warned the 36-year-old father of three that his May-December romance could damage his cancer work," Julie Macur writes in the book. "'Whoa, dude, bad idea,' Korioth said. 'You've got to put a stop to this right now.'" Armstrong apparently didn't appreciate the relationship advice. "She's 21," he reportedly responded.

Lance Armstrong

"F— you." But the relationship fizzled out after a few months anyway, with Armstrong moving on to Kate Hudson.

Twitter

@Lupita_Nyongo
That moment when you realize your over-zealous brother almost photo-bombed you and Angelina Jolie out of an epic #selfie

@lenadunham
Seeing how @nbcsnl gets made is blowing my mind.

@josswhedon
Hey I just tried an after-dinner espresso and I feel kinda perky also am I the Ghost of Viking Jesus I am shaking shaking sTaRs

Arlene Dickinson
TORSTAR NEWS SERVICE FILE

Inspiring change

This year's theme of International Women's Day highlights the valuable contributions of women entrepreneurs to the Canadian economy.

Metro asked Arlene Dickinson, one of this country's best known independent marketing communications experts, for inspiration and advice to pass on to the next generation of female entrepreneurs.

Dickinson offers these tips for young women to help inspire change for the world by first inspiring change for themselves.

- Know who you are and what core values you have that are non-negotiable, and don't be afraid to stand for those values against all public and personal resistance
- Know that there is no one "right way," but there is always a wrong way
- Surround yourself with people who give you good reason to pause and reflect on your opinion, and never be afraid to change your opinion because of what you have learned.
- Don't fear power or money for often they are in the hands of people who least deserve respect.
- Always fear people who don't speak the truth.
- If your gut says, "don't do it" then don't do it. It really is that simple. And if it says, "I'm scared but I feel I should try," then give it every ounce of effort you have and go for it.
- Do not be a pawn in someone else's game. It's always your move.
- Learn from others and listen to yourself.

PAULINE ANDERSON

Building a strong foundation

MICHELLE WILLIAMS
For Metro

Canada's theme for International Women's Day 2014 on Saturday is Strong Women, Strong Canada. So what could be more fitting than to focus on ways we can help guide our daughters along the path to becoming self-assured, resilient women?

Beth Malcolm, director of the Girls' Fund for the Canadian Women's Foundation, shares her advice for building strong and confident girls.

1 Talk to your daughter. It's important to maintain open dialogue. Discuss movies, music videos, current events, what's going on in her life, and listen to what she has to say. Hear her opinions, raise questions and encourage her to think critically, challenge stereotypes, value other peoples' opinions and form her own.

2 Allow her to take the lead. Give her opportunities to make choices about things like after-school and family activities to help practise making good, healthy decisions — just be sure to stay close by to keep things safe.

3 Validate her experiences. If she has challenges with friends or teachers, for example, avoid remarks like "it will all be fine tomorrow." Respect how she feels, bring in different perspectives and help her find solutions by talking things through.

4 Help her develop a strong sense of connection to others. Encourage her to join teams and clubs to build social connections. Being online shouldn't be the primary form of social interaction.

5 Encourage her to take safe risks. You instinctively want to protect, but girls do need to learn to be accountable for decisions and learn from their mistakes.

6 Stay connected to your child's school. There are many ways to be involved even if you can't volunteer in the classroom. Besides a good curriculum, your daughter's school should celebrate diversity, encourage the value of charity, and create a safe, caring environment.

7 Promote extracurricular activities. From music and art, to sports, public speaking and more, embrace the things your daughter is good at and encourage her to go outside her comfort zone, too.

8 Model self-confidence in your own behaviour. Your daughter shouldn't hear you criticizing things like your appearance or your weight. Value your own accomplishments and lead by example.

To mark International Women's Day on Saturday, focus on ways you can help guide your daughters along the path to becoming self-assured, resilient women. WARREN GOLDSWAIN/SHUTTERSTOCK

Saluting trailblazers

Is it your mom, sister or daughter you evoke when thinking about the great women in your life? Or perhaps you go to international trailblazers such as Hillary Clinton, Malala Yousafzai or Roberta Bondar?

Either way, the fact that you can easily call to mind influential females in all spheres shows how women have progressed in their quest for equality and freedom. As the world celebrates International Women's Day (IWD) Saturday, let's salute these strides and support those who continue to challenge the status quo.

Inspiring change is the theme of this year's IWD's campaign, which aims to honour women's accomplishments while reminding us that action is still needed to bring about true equality.

"The theme of inspiring change is powerful," said Leigh Naturkach, violence prevention program manager at the Canadian Women's Foundation, which works toward equality for women and girls. "It's meant to inspire us all to reflect on ourselves, our attitudes and our actions and also to reflect on and question long-held and outdated ways of thinking that are harmful."

While we see more women in politics, sports and space than ever, Naturkach said it's a sad reality that women are still not paid on par with their male colleagues and they are underrepresented in boardrooms, the military and government. In some parts of the world, they can't vote or drive and their access to basic human rights such as health care and education is restricted. Women everywhere shoulder the burden of violence.

IWD shines a spotlight on this imbalance.

"What's so hopeful is the progress women have achieved over the last hundred years," Naturkach said. "And there's the more recent explosion of awareness, advocacy and activism. Social media has been a huge galvanizer for the women's movement. It offers barrier-free access to different voices and an amazing opportunity to collaborate on issues affecting women and girls."

IWD grew out of the early 20th century labour movements that fought against poor working conditions for women and upheld their right to vote. International Women's Day is celebrated around the world thanks to supportive governments and women's organizations. In some countries, IWD is a public holiday. KELLY PUTTER

As the world celebrates International Women's Day Saturday, let's salute these strides and support those who continue to challenge the status quo.
BIKERIDERLONDON/SHUTTERSTOCK

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Liquid Assets

Wine warms up to soup

LIQUID ASSETS
Peter Rockwell
@therealwineguy
Facebook: therealwineguy
liquidassets@eastlink.ca

Not every culinary creation was designed with wine in mind. Take soup for example.

The perennial meal starter has no one flavour profile. Hundreds of different recipes exist, so anointing a single wine to lord over them all is impossible.

Oh, and did I mention soup is mostly liquid? Wine doesn't play well with like-minded matter. Its idea of a perfect marriage is something solid that it can wrap its fruit, acid and, in the case of a red, tannins around.

That said, some soup styles are more wine friendly than others. Just look to the fundamentals of their foundation.

Those with texture are accommodating and today's veg-based recipe has weight and stability, which gives it a level of solidity wines find appealing. I like low acid reds with this veggie-palooza.

Try a bright New World Merlot, a juicy French Beaujolais or a plump New Zealand Pinot Noir like Villa Maria's 2012 Private Bin Pinot Noir ($19.95 - $24.99) — a silky blend of cherry and strawberry that checks all the right boxes. **PRICES REFLECT RANGE ACROSS COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

With cold weather still gripping the nation, a steaming bowl of soup is sure to warm you up. Bestselling Australian chef Donna Hay shows us how, with this recipe from her cookbook Fast, Fresh, Simple.

Easy Vegetable Soup is as simple as chop, boil, simmer

This recipe serves four. BOTH PICTURES DONNA HAY

FAST, FRESH, SIMPLE
Donna Hay
gustotv.com

Nothing warms you up as quickly as a bowl of soup. This one features flavour enhancers such as onion, garlic and lemon thyme leaves as well as veggies and cheese to garnish.

1. Heat a saucepan over medium-high heat.

2. Add the oil, onion, garlic and thyme and cook for 3 minutes or until soft.

3. Add the tomato, stock, carrot, zucchini and parsnip.

4. Cover and bring to the boil. Allow to simmer rapidly for 15 minutes or until the vegetables are tender.

5. To serve, ladle into bowls and top with salt, pepper and Parmesan. **WATCH DONNA HAY FAST, FRESH, SIMPLE THURSDAYS STARTING AT 10 P.M. EST/PT ON GUSTO TV, CANADA'S NEW FOOD & LIFESTYLE CHANNEL. VISIT GUSTOTV.COM FOR FULL PROGRAM LINE-UP AND MORE GREAT RECIPE IDEAS.**

Ingredients

- 2 teaspoons olive oil
- 1 onion, finely chopped
- 2 cloves garlic, crushed
- 2 teaspoons lemon thyme leaves
- 2 cups (500 ml) tomato purée (tomato sauce)
- 2 cups (500 ml) chicken stock
- 1 carrot, peeled and grated
- 1 zucchini (courgette), peeled and grated
- 1 parsnip, peeled and grated
- sea salt and cracked black pepper
- finely grated Parmesan, to serve

Dessert

Baked Whole Lemon Pudding

- 1 thin-skinned lemon
- 1 1/2 cups (330 g) caster (superfine) sugar
- 30 g butter, melted
- 3 egg yolks
- 3/4 cup (180 ml) single (pouring) cream
- 2 tbsp cornflour (cornstarch)

Preheat oven to 160 C (325 F). Cut the lemon into 8 pieces and remove any seeds. Place in a food processor with the sugar and process until very smooth. Add the butter, egg yolks, cream and cornflour and process until smooth. Pour mixture into 4 greased 1-cup capacity (250 ml) ovenproof pie dishes. Bake for 22–24 minutes or until just set. Serve warm or cold with vanilla ice-cream.

DONNA HAY, GUSTOTV.COM

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TRAVEL

Bling on summer in the backyard

DIY. For a deluxe take on outdoor living, turn a gazebo into a media room or amp up your grilling style

Vanilla Ice may have a cool name, but the rock-star-turned-home-improvement guru knows how to heat up a backyard. With a passion for modern features and luxurious amenities, Ice doesn't just renovate — he adds style and swagger.

With spring around the corner, consider spicing up your own backyard to make it worthy of its own music video.

Pimp out the gazebo

Gazebos provide a refuge out of the sun and a relaxing place for friends and family to kick back. To take the traditional gazebo to the next level, install a projector to the ceiling and hang a screen at the back to enjoy late night movies or the big game. Once a television cable or DVD player is attached, invite the neighbours over for an extravagant block party.

The Vanilla Ice Project

- For more home renovation ideas, catch The Vanilla Ice Project Tuesdays at 10 p.m. ET/PT on DIY Network Canada.

Step up your grilling game

Kick that old barbecue to the curb and replace it with a new grill that features more burners, an infrared rotisserie burner and night lights for evening cooking. To spend less time inside and more time cooking with friends, recreate an entire outdoor kitchen with a mini-fridge, sink, prep area, and stove. Outdoor kitchens can be entirely customized or bought in pieces, making them easy to fit in virtually any space.

Raise the bar

For when a pool just isn't enough to beat the heat, a swim-up bar can keep the backyard cool. Swim-up bars are no longer just for resorts and are becoming more popular in residential pools. Not only do they have a vacation feel, they're practical for entertaining guests or just taking a break from pool sports. When planning the design, consider seating, sun angles, and storage for popular drink favourites and cups.

Light my fire

Don't stop enjoying the outdoors because of fall weather. An outdoor fireplace can add warmth and light to dark, chilly evenings. While smaller, temporary fireplaces are great for flexibility, built in brick or stone fireplaces provide first-class elegance. They're great for intimate evenings together or a classic camp fire singalong. Check with local authorities before beginning, as some areas prohibit decorative fires.

Outdoor kitchens can be customized to fit almost any space. ISTOCK

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A NEW PLACE TO CHILL IN WINNIPEG

MONKEY BUSINESS IMAGES/SHUTTERSTOCK

Where is Winnipeg's newest place to chill?

Osborne Village has a new place in town. The Chill Bar and Grill is located at the Confusion Corner and offers free parking both in the back of the building and across McMillan Avenue. Chill Bar is the perfect place to wind down after a long day at the office, to go out to watch the game, a night out with the girls, or even a great date night atmosphere.

Chill Bar and Grill is dedicated to local fare with a twist. Featuring more than 20 different craft beers paired with unique chicken skewers, this underdog location is a must try for Winnipeggers. Jets fans can take in every game with more than 10 televisions. Pull up a chair or, better yet, get comfortable on the many sofa lounges.

Chill is a great place to dine with friends or the after work crew, featuring daily food and drink specials, a terrific selection of wines, and cocktails by the pitcher for your table.

Chill has kept the traditional pool tables and dart boards for those to enjoy, which are both free with a minimum purchase.

Chill Bar and Grill is happy to announce that its official grand opening kicks off March 12 in conjunction with the Osborne Village firefighter camp-out for muscular dystrophy BIZ Day. In efforts to raise funds for muscular dystrophy, Chill will feature a firefighter-inspired meal with proceeds from the ordered meals going to the charity. The grand opening festivities continue until March 15.

Chill features everyday pints for $4.75; Tuesdays and Thursdays, a platter and pint is $10; while there are BOGO appetizers Wednesdays and Fridays.

Chill Bar and Grill is open Tuesday through Saturday from 6 p.m. to 2 a.m.

Chill Bar and Grill is located at 423 McMillan Ave.

For more, call 204-990-8617, email info@chillbar.ca, or visit chillbar.ca.

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NHL

Stamkos returns to Bolts' lineup

Jhonas Enroth made 43 saves to spoil the return of Tampa Bay star Steven Stamkos and the Buffalo Sabres beat the Lightning 3-1 on Thursday night.

Stamkos had been sidelined since breaking his right shin Nov. 11 at Boston, causing him to miss 45 games. The centre received a partial standing ovation during pregame introductions, when it was announced that he is the new team captain.

Right wing Ryan Callahan, acquired Wednesday from the New York Rangers for former Tampa Bay captain Martin St. Louis, made his Lightning debut.

THE ASSOCIATED PRESS

NHL

Lidstrom joins 6 Wings legends up high in the rafters

The Detroit Red Wings have retired Nicklas Lidstrom's No. 5 jersey.

Lidstrom was honoured Thursday night before Detroit hosted Colorado. A red banner with his last name and number was raised to the rafters to end the pregame ceremony.

The storied franchise previously retired six jerseys: Gordie Howe's No. 9, Steve Yzerman's No. 19, Ted Lindsay's No. 7, Terry Sawchuk's No. 1, Alex Delvecchio's No. 10 and Sid Abel's No. 12. Lidstrom retired after the 2011-12 season.

He won four Stanley Cups and seven Norris Trophies as the NHL's best defenceman. The Avalanche won 3-2 in overtime.

THE ASSOCIATED PRESS

Winnipeg Jets' Mark Stuart, right, checks Los Angeles Kings' Jarret Stoll during first period action at the MTS Centre on Thursday. JOHN WOODS/THE CANADIAN PRESS

Jets' reality check

NHL. Playoff push takes big hit versus Kings while Scheifele, Thorburn injured in loss

On Thursday

Kings	Jets
3	1

Mike Richards scored the game winner on a Winnipeg Jets' giveaway to lift the Los Angeles Kings to a 3-1 win Thursday night.

The victory ran the Kings' (36-22-6) winning streak to six games.

Dustin Brown scored Los Angeles' first goal and Alec Martinez added a third-period power-play goal. Goalie Jonathan Quick made 17 saves.

Olli Jokinen had his 15th goal of the season for Winnipeg (30-27-7) and a busy Ondrej Pavelec stopped 38 shots.

Winnipeg rookie centre Mark Scheifele sprained the medial collateral ligament in his right knee during the loss. The second-line centre is out for at least four weeks and possibly the rest of the regular season.

Forward Chris Thorburn was also injured in the game and is listed day-to-day with an upper-body injury.

Winnipeg and Phoenix were tied at 67 points heading into the game, one point behind Dallas for the final wild-card spot in the Western Conference.

Vancouver was one back of the Jets and Coyotes.

The biggest cheer in the scoreless first period was for Jets forward Dustin Byfuglien, after he sent Kings defenceman Jake Muzzin over the boards into the bottom of Winnipeg's bench.

Los Angeles outshot the Jets 11-7 in the opening frame.

Winnipeg didn't get its first shot of the second period until almost seven minutes in, but the Jets scored on their 11th of the game.

Evander Kane went around Kings defenceman Drew Doughty and then beat Muzzin to the puck off the boards behind the net, sending a quick pass to Jokinen who shot the puck past Quick at 12:03.

But the jubilation of the MTS Centre only lasted 42 seconds.

Brown scored his 12th goal of the season after centre Jarret Stoll sent a long backhand pass across the front of the net and Brown got his stick on it.

The puck trickled across the goal-line past Pavelec at 12:45.

The Kings went up 2-1 on a Winnipeg giveaway.

Jets defenceman Tobias Enstrom was at the boards by the Kings' bench and made a pass across the ice that was supposed to be for Jokinen, but Richards intercepted it halfway, crossed the blue-line and then fired a shot by Pavelec at 16:15.

THE CANADIAN PRESS

Brier playing out just as it did on paper

Manitoba skip Jeff Stoughton releases his rock in Thursday's 7-6 win over B.C. at the Brier in Kamloops, B.C. on Thursday. ANDREW VAUGHAN/THE CANADIAN PRESS

The favourites going into the 2014 Canadian men's curling championship are the favourites coming out as the round robin draws to a close with Alberta, Manitoba and B.C. sitting one, two, three.

Alberta's Kevin Koe sits at 9-1 in top spot with only one game left Friday morning, after a 9-6 win over Prince Edward Island Thursday afternoon.

Koe admitted he made it harder than it should have been. One more win Friday in their final game against Quebec and he gets hammer and choice of rocks for the one vs. two playoff. It's an experience Koe says he has never had, either in 2010 when he won the Brier or in 2012 when he came second.

"It'll be a different feeling, not having our backs against the wall," Koe said.

Manitoba and B.C. both sat at 8-2 after three-time winner Jeff Stoughton defeated B.C.'s John Morris 7-6 in an extra end Thursday morning. The top three seem secure but exactly who sits in what spot awaited the results of their final games Thursday and Friday.

Assuming they all win, the order is Alberta, Manitoba, B.C.

Stoughton started the Brier with four wins — though none were decisive — before losing to Alberta and Quebec. He admitted both he and third Jon Mead needed to pick up their game.

After exchanging deuces in the first two ends, it was singles until B.C.'s Jim Cotter missed a key double with his last rock in eight, letting Stoughton draw to the button for two to go ahead 6-5. THE CANADIAN PRESS

4 SPORTS

Playing in Kansas now in Wiggins' rearview mirror

NCAA basketball. Planning on entering NBA draft, freshman phenom from Canada speaks fondly of support playing in front of Jayhawks fans

Andrew Wiggins has likely played his final game at Allen Fieldhouse for Kansas. GETTY IMAGES FILE

Andrew Wiggins remembers sitting in the bleachers of Allen Fieldhouse long after the final whistle, watching as the crowd showered the departing Kansas players with love.

It may not have been that exact moment that the nation's No. 1 recruit decided he would play his only season of college basketball with the Jayhawks. But the outpouring of support on senior night certainly played a role in his decision, one that he doesn't regret for a moment.

"It went too quick," Wiggins said late Wednesday after his own version of senior night, tucked away in a small room not far from those stands where he sat a year ago.

"I wish I had more time to stay here and do my thing, just be here with the team and the coaches and all these wonderful fans," Wiggins said, thoughtfully. "That's one of the reasons I committed here. I came here on senior night and the fans were so loyal."

Wiggins arrived at Kansas with nearly unattainable expectations, yet he's lived up to just about all of them. He's averaging 16 points and nearly six rebounds, numbers that may seem modest at first glance but are even more impressive considering the way he shares the ball.

To be perfectly clear, Wiggins has never led anybody on. He made it clear from the outset that he would head to the NBA next season, and after having one of the best freshman campaigns in Kansas history, he's certain to be a lottery pick if not the No. 1 overall choice.

THE ASSOCIATED PRESS

Quoted

"I've been blessed by a good team, great coaches and the greatest fans a team could ask for."

Andrew Wiggins on playing his last game as a Jayhawk at Kansas's Allen Fieldhouse.

NBA. Ex-Kings have more to play for than spite

Any other season, Friday's game against the visiting Sacramento Kings would be entirely about the return of Rudy Gay, and the handful of players on both sides facing off against old teammates.

Any other season, the Toronto Raptors wouldn't be looking to lock down home-court advantage in the playoffs, and an Atlantic Division title.

"It's always important when you play against your former team, but more than that, I'm happy where I'm at," said guard Greivis Vasquez, one of four Kings acquired in the mammoth deal in early December that sent Gay to the Kings.

"We're third in the East, first in our division, and that means a lot. So we're playing for something much bigger. It's a big game for us, but to me it's about finishing the season strong and trying to get as many wins as we can."

The night marks Gay's first visit to Toronto since GM Masai Ujiri shipped him, Aaron Gray and Quincy Acy to Sacramento for Vasquez, Patrick Patterson, John Salmons and Chuck Hayes just 18 games into the season.

The Raptors were 6-12 when Ujiri rewrote his roster, and Toronto has gone 27-14 since to sit third in the Eastern Conference.

Gay said there are no hard feelings between him and the Raptors.

"Change is for the better, for both parties," he told reporters after Thursday's practice at the Air Canada Centre. "I'm happy for those guys, I'm happy to see them play well. I never have any ill intentions."

Friday's game is the Raptors' first since they beat the Golden State Warriors 104-98 last Sunday at the Air Canada Centre. THE CANADIAN PRESS

Shots dropping for Rudy

20.9

Rudy Gay has played better since the Raptors traded him to Sacramento, where he has averaged 20.9 points per game.

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Horoscopes

♈ Aries
March 21 - April 20
Don't be afraid to disagree with authority. You respect the fact that they outrank you but you also know that if you do as they say you will regret it. Aries is the first sign of the zodiac so put your needs first.

♉ Taurus
April 21 - May 21
You may be willing to change your plans to help someone out today but don't let them tell you that you are obliged to do so. Let them know this is a one-off situation.

♊ Gemini
May 22 - June 21
You may be annoyed that a loved one failed to consult you before taking a course of action that affects you, but don't let it show. Frankly, there are more important things you should be focusing on.

♋ Cancer
June 22 - July 23
The journey you have started on may be long and hard but you are determined to reach the end, and with Jupiter on your side again there is no doubt you will succeed. Do you believe that? You should.

♌ Leo
July 24 - Aug. 23
The planets urge you not to plan too far ahead because even routine matters are likely to change over the days, weeks and months to come. You also need to be flexible.

♍ Virgo
Aug. 24 - Sept. 23
It's possible to be too generous and at some point today you will realize that your sympathy for someone was misplaced. There is no point getting angry about it, but try not to make the same mistake twice.

♎ Libra
Sept. 24 - Oct. 23
You have a tendency to fear the worst but with Jupiter moving in your favour again you will be visualizing all sorts of wonderful things. Good. What's in your mind's eye today will be reality tomorrow.

♏ Scorpio
Oct. 24 - Nov. 22
Someone you meet over the next few days will inspire you creatively and maybe romantically too. Will this new liaison stand the test of time? There is no way of knowing but it will be fun finding out!

♐ Sagittarius
Nov. 23 - Dec. 21
Someone will offer what sounds like good advice today but the planets warn they are thinking of their interests rather than yours. Listen to your inner voice.

♑ Capricorn
Dec. 22 - Jan. 20
No matter how well you have planned things, there are sure to be hold-ups and disruptions today and over the weekend. Promise yourself that you won't get angry with people who move and think slowly.

♒ Aquarius
Jan. 21 - Feb. 19
You are unsure whether to push ahead with a new plan or to hold back and see how things develop. Hopefully it will be the former. The longer you wait, the more likely it is others will get ahead of you.

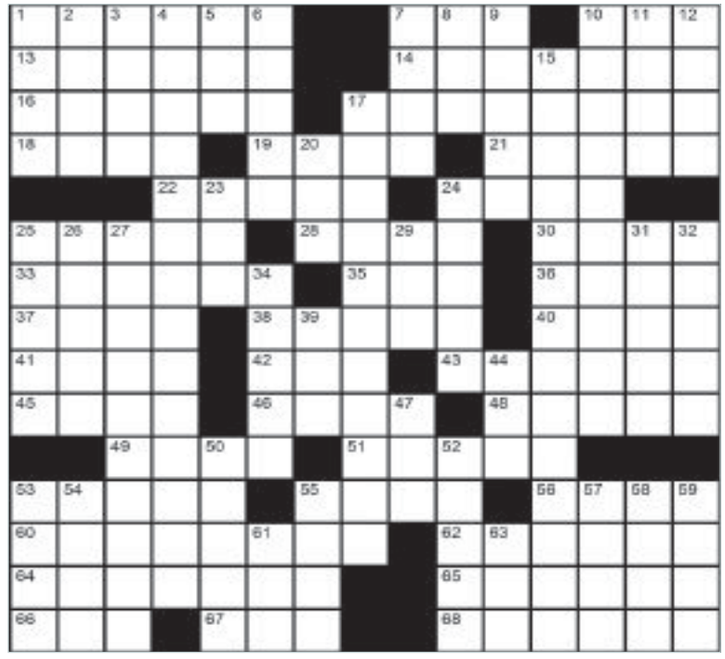
♓ Pisces
Feb. 20 - March 20
Someone you are fond of has made a silly mistake and feels bad about it. Give them an uplifting pep-talk. It's what they do next that counts.

SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



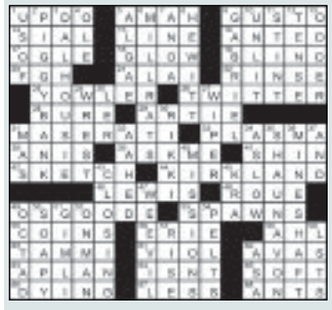
Across

1. British Columbia city
7. US cable channel
10. Li'l music trio
13. City in northern Spain
14. The Wind in the Willows writer, Kenneth __
16. Put down floor tiles again, say
17. Fashionable-no-more
18. Towering
19. Ms. Andrews, new "Dancing with the Stars" co-host
21. Tears apart
22. Dietary designation on food packages
24. Baroque painter, Guido __ (b.1575 - d.1642)
25. Monastery boss
28. Extinct bird of Mauritius
30. Isle of exile for Napoleon
33. Mil. officers
35. Cacharel perfume
36. Unappealing food
37. "Cold Mountain" (2003) heroine, and others
38. Indiana basketballer
40. Ms. Pinkett Smith
41. Ms. Campbell
42. Granny, in Germany
43. German actress Diane
45. From the beginning
46. He-sovereign
48. Bird's task, building _ __
49. To laugh: French
51. Of prophets
53. Get the answer
55. Jean Arp's art
56. Zap
60. Plato title character ...a work by the ancient philosopher in which Socrates also features
62. 'The Cold Capitvl Project' Hip-Hop artist from Ottawa, F.__
64. Vexing
65. Amends-making person
66. Top with jeans
67. NBC show [acronym]
68. Lady's title in Spain

Down

1. Type
2. Iris spot
3. Streamlet
4. TV series, "The __ __ of Vancouver"
5. Q. "What's actor Mr. Asner's first name?" A. "__, _ believe."
6. Sing, Alps-style
7. "Son of _ __!"
8. "The A-Team" star, __. _
9. Inner circle
10. 1931 Emily Carr painting, Zunoqua of the __ __
11. Captain Hook's sidekick
12. Mr. Beatty's
15. Yukon locale, the 'Gateway to Kluane': 2 wds.
17. #10-Down's painting type: 3 wds.
20. Gnarly!
23. _ _ & _ (Telecommunications company)
24. Howard __ (The Fountainhead architect)
25. Rod Stewart's first wife
26. VP Joe
27. Body of water on Montreal's Mount Royal: 2 wds.
29. Bambi's mother
31. Foretells
32. Isolated
34. Talked
39. Friend ...en francais
44. Actress Aishwarya
47. __ about (Rove)
50. Additional attempts
52. Spanish appetizers
53. Saliva
54. Elbe tributary
55. Fencing fight
57. Cornerstone word
58. Suffix with 'Game'
59. Vampire Weekend singer Mr. Koenig
61. '70s President (Monogram)
63. Path [abbr.]

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

			6				8	5
	2		5				6	
		1			7	9		
8				2	9			
	3	9				4	2	
			3	7				8
		2	7			1		
	7				2		4	
3	4				6			

Yesterday's Sudoku

3	5	8	2	9	4	6	7	1
6	2	7	5	1	3	4	9	8
4	9	1	7	6	8	5	2	3
8	7	2	3	4	9	1	6	5
1	3	9	6	2	5	7	8	4
5	4	6	8	7	1	2	3	9
7	1	5	9	8	2	3	4	6
9	6	3	4	5	7	8	1	2
2	8	4	1	3	6	9	5	7

Weather

TODAY	SATURDAY	SUNDAY
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